

## Announcements

### ALKATHON



**ALKATHON 2023**  
DEC 24TH 3:00PM –  
25TH 3:00PM

Trinity United Church  
76 Doulton St., London, N5Y 2P7  
\*NO PARKING IN THE CHURCH PARKING LOT.  
\*PARKING IS NEXT DOOR AT RUSSEL METALS.

**MEETINGS EVERY HOUR**  
FELLOWSHIP  
AMAZING FOOD

TICKETS ARE FREE BUT ARE  
REQUIRED DURING THE  
BUSY HOURS.  
PICK THEM UP AT THE  
INTERGROUP STORE  
STARTING DEC. 1ST.

Please email: [alkathon@outlook.com](mailto:alkathon@outlook.com)  
TO REQUEST A MEETING TIME FOR YOUR HOME GROUP

Zoom into meetings:  
Zoom ID: 845 6378 2618 Password: 904997

### Western Ontario General Service – Area 86

#### Fall Assembly

November 3-5, 2023

Oakville Conference Centre/Bronte Holiday Inn  
2525/2515 Wycroft Road  
Bronte, ON

Accommodations at the Bronte Holiday Inn  
905-847-1000 and ask for Angela Donald to use the  
discount code WOS. Guests can also book online at  
[www.holidayinn.com/oakvillebronte](http://www.holidayinn.com/oakvillebronte) by entering  
the group code in the reservation tab after  
choosing the appropriate dates.



## Birthdays

| Name                           | Date         | Yrs | Celebration                |
|--------------------------------|--------------|-----|----------------------------|
| <b>Big Book Journey</b>        |              |     |                            |
| Peggy M.                       | Oct 15, 2022 | 1   |                            |
| <b>Big Book Workshop Group</b> |              |     |                            |
| Ron S.                         | Oct 15, 1958 | 65  | October 30<br>Open Speaker |
| <b>Liberty Breakfast</b>       |              |     |                            |
| Robert W.                      | Oct 21, 1982 | 41  |                            |
| <b>OBB</b>                     |              |     |                            |
| Wendy B.                       | Oct 1, 2001  | 22  |                            |
| <b>Old South 12&amp;12</b>     |              |     |                            |
| Jason R.                       | Oct 11, 2017 | 6   |                            |
| <b>Pond Mills Men's Group</b>  |              |     |                            |
| Gary H.                        | Oct 26, 1997 | 26  |                            |
| <b>RiverSide Mens</b>          |              |     |                            |
| Mark F.                        | Oct 2, 2009  | 14  |                            |
| Rob McG.                       | Oct 13, 2022 | 1   |                            |
| Trevor L.                      | Oct 18, 1999 | 24  |                            |
| Steve S.                       | Oct 21, 2013 | 10  |                            |
| Gari G.                        | Oct 22, 2019 | 4   |                            |
| Wayne D.                       | Oct 31, 1996 | 27  |                            |
| <b>St Judes Group</b>          |              |     |                            |
| Rick A.                        | Oct 2, 2000  | 23  |                            |
| Fred H.                        | Oct 27, 1961 | 62  |                            |
| <b>Trinity Group</b>           |              |     |                            |
| Pat P.                         | Oct 3, 2003  | 20  | October 10                 |
| Stephanie W.                   | Oct 3, 2015  | 8   |                            |
| <b>Tuesday North</b>           |              |     |                            |
| Candace H.                     | Oct 11, 2020 | 3   |                            |
| Wendy P.                       | Oct 12, 2022 | 1   | October 31                 |
| Eileen D.                      | Oct 13, 2012 | 11  |                            |
| Trudy M.                       | Oct 20, 2001 | 22  |                            |
| Val W.                         | Oct 22, 2001 | 22  |                            |
| Jamie V.                       | Oct 28, 2022 | 1   | October 31                 |

# London & Middlesex Area Intergroup Newsletter

## October 2023

[londondist11@gmail.com](mailto:londondist11@gmail.com)

### Important Information

#### District 11 Meeting

Mon October 9<sup>th</sup> 6:30 PM  
Meeting on Zoom and at 501 Nelson Street  
Zoom ID: 890 3108 9359 Password 049374

#### Intergroup Meeting

Tue October 10<sup>th</sup> 6:30 PM  
Meeting on Zoom  
Zoom ID: 878 8182 6166 Password 373015

#### London Intergroup Store

519-438-9006  
2A5-30 Adelaide Street North  
London ON N6B 3N5  
<https://aadistrict11.ca>  
[ligstoremanager@gmail.com](mailto:ligstoremanager@gmail.com)

#### Intergroup Store Hours – October

Mon/Tue/Wed: Noon - 3:30 pm  
\*Closed Thanksgiving Monday the 9<sup>th</sup>  
Sat 14<sup>th</sup>: Noon - 3:30 pm  
Sat 28<sup>th</sup>: Noon - 3:30 pm

For Main Door Entry After Hours please call the  
Store Number for Service. 519-438-9006

#### Do you think you may have a problem with alcohol?

Please call our Helpline at 519-438-1122 or [email us at webmaster.aadistrict11@gmail.com](mailto:us_at_webmaster.aadistrict11@gmail.com). Both  
methods are confidential, immediate, local, and  
24-hour.



## Service Opportunities

Service opportunities are available, and the store is looking for help. Please contact the store if you can volunteer, whether it be once a week or once a month.

Service opportunities can help keep us sober, introduce us to more AA members and help carry the message.

## Finding the Intergroup Store

30 Adelaide Street North. First floor, back left



## Meeting List

<https://aadistrict11.ca/meetings/>



## Meeting Guide App

<https://www.aa.org/meeting-guide-app>

## Keep the Meeting List Updated

Help us keep the meeting list up to date and accurate.

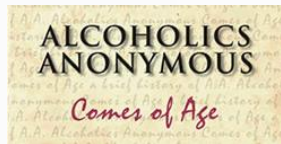
If there are changes to meeting times/locations submit a meeting change form.

<https://aadistrict11.ca/meeting-change-form/>

If your meeting isn't listed, please add it using the form.

## Alcoholics Anonymous Through The Years

October 1, 1957 - [Alcoholics Anonymous Comes of Age](#) is published



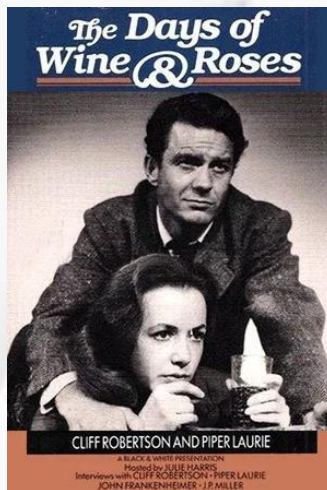
October 2, 1944 - [National Comm. for Education on Alcoholism](#) formed

October 6, 1988 - Lois W, Bills wife and a co-founder of Al-Anon, [dies at age 97](#)



October 10, 1970 - Lois reads "[Bills Last Message](#)" at annual dinner in NY

1958 - Playhouse 90 TV airs "[The Days of Wine and Roses](#)". The drama depicts the slow deterioration of a marriage due to alcoholism



## District 11 Committees

| Position   | Member     | Group                      |
|--|------------|----------------------------|
| DCM  | Doug P.    | Tuesday North              |
| Alt DCM  | Shawn McM  | Metropolitan Group         |
| Treasurer  | Gary G.    | Riverside Mens' Group      |
| Secretary / Registrar  | Lisa S.    | Arva                       |
| Archives   | Ted H.     | Just for Today             |
| Bridging the Gap   | Vacant     |                            |
| Corrections  | Dave P.    | Centennial Group           |
| Public Information / Cooperation with the Professional Community | Jen C.     | Tuesday North              |
| Grapevine  | Maurice B. | The New Horizon Group      |
| Accessibilities / Remote Communities                             | Bonnie S.  | Early Bird Grapevine Group |
| Treatment  | Andrea E.  |                            |
| Website  | Ed S.      | Design for Living          |

## Intergroup Board

| Position                    | Member    | Group                 |
|-----------------------------|-----------|-----------------------|
| Chairperson                 | Gudrun M. | Tuesday North         |
| Alt. Chairperson            | Robert C. | Opportunity Big Book  |
| Intergroup Treasurer        | Pierre L. | Riverside Men's Group |
| Intergroup Secretary        | Matt T.   | New Horizon Group     |
| Office Manager              | Erich K.  | Big Book Workshop     |
| Assistant Office Manager    | Vacant    |                       |
| Alternate Treasurer         | Vacant    |                       |
| Telephone Answering Service | Dave R.   | Angel Group           |
| Newsletter                  | Jason R.  | Old South 12 & 12     |
| Alkathon                    | Kurt L.   | Arva                  |
| Social Committee            | Chelle R. | Centennial Group      |

