### London & Middlesex AA

**District 11, Area 86**

**AA Hotline - 519-438-1122**

**Meeting Codes**
- 12x12 = 12 Steps & 12 Traditions
- B = Big Book
- C = Closed (limited to those with a desire to stop drinking)
- D = Discussion
- G = Grapevine
- LGBTQ = LGBTQ
- M = Men
- O = Open (open to general public)
- SP = Speaker
- ST = Step Meeting
- TR = Tradition Study
- X, XB = Wheelchair Access / Bathroom
- W = Women

**EMAIL:**
WEBMASTER.AADISTRICT11@GMAIL.COM WITH UPDATES

**UPDATED AS OF 1/19/2024**

**AA Hotline - 519-438-1122**

### Sunday

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Group Name</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 pm</td>
<td>ON London</td>
<td>Eleventh Step Group</td>
<td>8:00 pm, (12x12,C,D,X) Old South 12 &amp; 12. Wesley-Knox United Church. 91 Askin St. Formerly the Elmwood Group. Doors open at 7:30 and close at 8:05! Enter from the parking lot. Welcome! Please be on time.</td>
</tr>
<tr>
<td>8:30 am</td>
<td>ON London</td>
<td>8:30 am, (11,D,O,ONL) Eleventh Step Group</td>
<td>- &quot;ONLINE ONLY HOLIDAY MONDAYS&quot;. Metropolitan United Church. 468 Wellington St. No in-person meetings holiday Monday. No parking lot entrance (up the stairs), ring bell if door is locked. Masks. Physical distancing. Topic meeting/five minute silent meditation. Bus 1 - stop 535 westbound, stop 1936 northbound.</td>
</tr>
<tr>
<td>10:00 am</td>
<td>ON London</td>
<td>10:00 am, (C,D) Serenity in the Park</td>
<td>Gibbons Park. 5 Victoria St. Meeting held in the pavilion at Gibbons Park. Closest/accessible parking is the lot by the west entrance off Victoria Street near Gibbons Park Montessori School; the Pavilion is east of the parking lot. If you are using the parking lot by the east entrance at the end of Grosvenor Street, head west along the path past the swimming pool (approx. 10 minute walk).</td>
</tr>
<tr>
<td>6:00 pm</td>
<td>ON London</td>
<td>6:00 pm, (B,D,O,X,XB) Chelsea Green Group</td>
<td>- Primary Purpose Study Group. Chelsea Green Community Church. 123 Chesterfield Ave. Primary Purpose Study Group. Bus 1, stop 1780 westbound, stop 1779 eastbound.</td>
</tr>
<tr>
<td>7:00 pm</td>
<td>ON London</td>
<td>7:00 pm, (C,D,O) Shelburne Group</td>
<td>Chalmers Presbyterian Church. 342 Pond Mills Rd. Bus 1 - stop 478 westbound, stop 1409 northbound. Bus 10 - stop 450 westbound, stop 477 eastbound. Bus 16 - stop 475, eastbound, stop 452 westbound.</td>
</tr>
<tr>
<td>7:30 pm</td>
<td>ON London</td>
<td>7:30 pm, (C,D,O,X,XB) Clear Air Group</td>
<td>Trinity United Church Community Centre. 635 Hale St. Bus 2 - stop 831 northbound, stop 832 southbound. Use door off parking lot.</td>
</tr>
<tr>
<td>8:00 pm</td>
<td>ON London</td>
<td>8:00 pm, (B,D,O,C) Action Group</td>
<td>8:00 pm, (12x12,C,D) Action Group 12 &amp; 12. St. Martin’s in the Fields Church. 489 Pinnetree Dr. Bring your own big book. Coffee/cookies served. Most closely serviced by the 17 and 2 lines buses. Please use the side door to enter the church.</td>
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</tbody>
</table>

### Monday

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<thead>
<tr>
<th>Time</th>
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<th>Group Name</th>
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</tr>
</thead>
<tbody>
<tr>
<td>8:00 pm</td>
<td>ON London</td>
<td>8:00 pm, (B,C,D,X,ONL) Big Book Workshop Group</td>
<td>8:00 pm, (B,C,D,X,ONL) Big Book Workshop Group. St. Lawrence Presbyterian Church. 910 Huron St. Bring your own big book. Bus 1 - stop 999 westbound. Bus 10, 27 - stop 176 southbound. Bus 27 to 2786 northbound.</td>
</tr>
<tr>
<td>10:00 am</td>
<td>ON London</td>
<td>10:00 am, (12x12,C,D,X) Trinity 12 &amp; 12 Group</td>
<td>St. John the Divine. 390 Base Line Rd W.</td>
</tr>
<tr>
<td>5:30 pm</td>
<td>ON London</td>
<td>5:30 pm, (C,D,X,XB) Happy Hour</td>
<td>Byron United Church. 420 Roel Sar. Bring your own beverage. Enter through double doors from parking lot off of Baseline Rd. (southeast corner).Meeting is in the gym (due to Covid - better for social distancing).</td>
</tr>
<tr>
<td>7:00 pm</td>
<td>ON London</td>
<td>7:00 pm, (D,O,X,X) Serenity in the Park</td>
<td>Gibbons Park. 5 Victoria St. Meeting held in the pavilion at Gibbons Park. Closest/accessible parking is the lot by the west entrance off Victoria Street near Gibbons Park Montessori School; the Pavilion is east of the parking lot. If you are using the parking lot by the east entrance at the end of Grosvenor Street, head west along the path past the swimming pool (approx. 10 minute walk).</td>
</tr>
<tr>
<td>8:00 pm</td>
<td>ON London</td>
<td>8:00 pm, (C,D) Hyde Park Group</td>
<td>St. Aidan’s Anglican Church. 1246 Oxford St W. Bus 17 - stop 1339 eastbound, stop 1340 westbound.</td>
</tr>
<tr>
<td>8:00 pm</td>
<td>ON London</td>
<td>8:00 pm, (C,D,X,XB) Old South 12 &amp; 12</td>
<td>St. John the Evangelist Anglican Church. 280 St James St. Due to church policy, NO animals are permitted in the church. Last Tuesdays of the month are birthday celebrations/open speaker meeting. Bus 4, 17 - stop 1356 eastbound, stop 1357 westbound. Bus 6, 13, 15 - stop 1486 eastbound, stop 1487 southbound.</td>
</tr>
<tr>
<td>8:00 pm</td>
<td>ON London</td>
<td>8:00 pm, (D,O,X,X) Centre of Hope Meeting</td>
<td>Trinity United Church Community Centre. 635 Hale St. Bus 2 - stop 831 northbound, stop 832 southbound. Use door off parking lot.</td>
</tr>
</tbody>
</table>

### Tuesday

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<th>Time</th>
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<th>Group Name</th>
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<tbody>
<tr>
<td>8:30 am</td>
<td>ON London</td>
<td>8:30 am, (D,O,X,X) Sunrise Group</td>
<td>Metropolitan United Church. 468 Wellington St. Come to parking lot entrance (up the stairs), ring bell if door is locked. Mask. Physical distancing. Topic meeting/five minute silent meditation. Bus 1 - stop 535 westbound, stop 1936 northbound.</td>
</tr>
<tr>
<td>10:00 am</td>
<td>ON London</td>
<td>10:00 am, (12x12,C,D,X) Centennial Group</td>
<td>St. John’s Anglican Church. 220 Dundas St. Bring your own beverage.</td>
</tr>
<tr>
<td>7:00 pm</td>
<td>ON London</td>
<td>7:00 pm, (12x12,C,D) Mount Brydges Big Book Discussion Group</td>
<td>Cooks United Church. 7899 Parkhouse Dr. Masks. Bring your own beverage.</td>
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</tbody>
</table>
**ON Glencoe** 7:00 pm, (B,C,D) Glencoe Courage Group. Anglican Church St. John's. 186 Main St. Bring your own beverage.

**ON London** 7:00 pm, (C,D,X,B) Beginner's Group. Colborne Street United Church. 711 Colborne St. Coffee and cookies. Topics always include the first three steps and whatever other topics attendees choose. Enter building through doors from parking lot east of Colborne Street (southeast corner). Meeting is in gym just up the stairs. If you require the lift, it is right beside the stairs to enter the meeting. Group members will be there to assist.

**ON London** 7:00 pm, (D,O,X,XB) Metropolitan Group. Trinity United Church Community Centre. 635 Hale St. Open speaker meeting last Wed of month. Bus 2 - stop 831 northbound, stop 832 southbound. Use door off parking lot.


**ON London** 7:30 pm, (B,D,O,X,X,B) St. Jude's Group. St. Jude's Church. 1557 Adelaide St N. Do not attend if you have any Covid symptoms. Use lower door off main park. Fifteen minutes additional fellowship before and after meeting. Last Wed of the month is open speaker. Wheelchair access doorway on east side of building. Bus 16 - stop 32 southbound, stop 684 westbound. Bus 25 - stop 684 westbound, stop 682 eastbound.

**ON London** 8:00 pm, (12x12,C,D,X,B) Byron 12 & 12. Byron United Church. 420 Boler Rd. Meeting in gym. Bring your own beverage. Enter through double doors from parking lot off of Baseline Rd. (southeast corner) Meeting is in the gym (due to Covid - better for social distancing).

**On Strathtroy** 8:00 pm, (12x12,C,D,X) Strathtroy Friendly Group. Strathtroy United Church. 131 Front St W. Open Meeting on the last Wednesday of the month with open discussion or speaker on birthday celebrations.

**ON London** 8:30 pm, (C,SP,X,B) Calvary United Group. Calvary United Church. 290 Ridout St S. Doors open at 8:10 pm. Bring your own food/beverage. Parking behind church & side street. Use Garfield St. entrance. Bus 4 - stop 1540 northbound, 1541 southbound.

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**Thursday**

**ON Glencoe** 10:00 am, (12x12,C,D) Glencoe 12 & 12 Study Group. Anglican Church St. John's. 186 Main St. Bring your own beverage.

**ON London** 1:00 pm, (12x12,C,D,X,W) True Colours (Women Only). St Patrick's Catholic Church. 1251 Dundas St. Entrance off Oakland. In the rectory. Unit 201.

**ON London** 5:30 pm, (C,D,X,B) Happy Hour. Byron United Church. 420 Boler Rd. Meeting in gym. Bring your own beverage. Enter through double doors from parking lot off of Baseline Rd. (southeast corner) Meeting is in the gym (due to Covid - better for social distancing).

**ON London** 7:00 pm, (C,D,X,B) Shillelagh Group. Community Bible Church. 24294 Adelaide St N. Corner of Hwy 7 & Adelaide St.


**ON London** 8:00 pm, (C,D,MM,X,XB) Riverside Men's Group. Riverside United Church. 451 Dunedin Dr. Elevators on site. Bus 19 - stop 1847 eastbound, stop 1848 westbound.

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**Wednesday (cont)**

**ON London** 8:00 pm, (C,D,X,B) Triangle Group. St. Francis - St. Martins Catholic Church. 46 Cathcart St. Bus 15 - stop 336 northbound, stop 641 westbound.

**ON Arva** 8:00 pm, (C,D,X) Arva Group. St. John the Divine Anglican Church. 21557 Richmond St. Please stay home if you are unwell.


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**Friday**

**ON London** 8:30 am, (C,D,O,X,X,B) Eleventh Step Group. London. Zoom ID 734 1023 9733 Email eleventhstep london@gmail.com for password.

**ON London** 10:00 am, (D,O,X) Friday Morning Meeting. St George's Anglican Church. 227 Wharncliffe Rd N. Masks. Bring your own beverage. bus 17 - stop 1358 eastbound, bus 1359 westbound, buses 2, 93 - stop 2046 northbound, 2047 southbound.

**ON London** 11:00 am, (D,O,X,X) True North. St. John the Divine. 390 Base Line Rd W. Bring your own beverage.


**ON London** 7:00 pm, (B,D,O,X) Mount Brydges Seekers. Mt. Brydges United Church. 22522 Adelaide Rd. Bring your own beverage.

**ON London** 7:30 pm, (B,D,O,X,XB) Opportunity Big Book Group. Richards Memorial United Church. 360 Edgeworth Ave. Doors will be locked promptly at 7:30pm. Please ring the doorbell to the right of the door and someone will let you in. If you are feeling unwell, please refrain from attending. Buses 2, 3, 5, 7, 17.

**ON London** 7:30 pm, (C,D,X,O) For Today, Trinity United Church Community Centre. 635 Hale St. If you are feeling unwell, please refrain from attending. Coffee/bottled water available. Bus 2 - stop 101 northbound, stop 832 southbound. Buses 7 and 10 get you close also. Use door off parking lot.

**ON London** 8:00 pm, (C,D,X,B) Young, Sober, & Free Group. St George's Anglican Church. 227 Wharncliffe Rd N. Bus 17 - stop 1358 eastbound, stop 1359 westbound. Busses 2, 93 - stop 2046 northbound, 2047 southbound. Bus 17 - stop 1358 eastbound, stop 1359 westbound, busses 2, 93 - stop 2046 northbound, 2047 southbound.

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**Saturday**

**ON London** 10:00 am, (D,O,X,XB) Chelsea Green Group. Chelsea Green Community Church. 123 Chesterfield Ave. Bus 1, stop 1780 westbound, stop 1779 eastbound.

**ON London** 10:00 am, (D,O,X,XB) Serenity in the Park. Parkwood Hospital - Mental Health Care Building. 550 Wellington Rd. Coffee and cookies provided. Two (2) parking passes available for visitors (pick this up at security in the Mental Health building at front entrance). Otherwise, parking is $6.50 flat rate and only coins/credit cards are accepted in the machines. Debit/Visa Debit are not accepted in the parking meters. Up to 25 attendees permitted. Covid self-screening continues. Those who have symptoms are asked NOT to attend the hospital. Masks (except for drinking/eating). Please note that parking is $6.50 flat rate and only coins/credit cards are accepted in the machines. Debit/Visa Debit are not accepted in the parking meters.

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**Saturday (cont)**

**ON London** 10:00 am, (D,O,X,B) Saturday AA Recovery Meeting. Parkwood Hospital - Mental Health Care Building. 550 Wellington Rd. Coffee and cookies provided. Two (2) parking passes available for visitors (pick this up at security in the Mental Health building at front entrance). Otherwise, parking is $6.50 flat rate and only coins/credit cards are accepted in the machines. Debit/Visa Debit are not accepted in the parking meters. Up to 25 attendees permitted. Covid self-screening continues. Those who have symptoms are asked NOT to attend the hospital. Masks (except for drinking/eating). Please note that parking is $6.50 flat rate and only coins/credit cards are accepted in the machines. Debit/Visa Debit are not accepted in the parking meters.

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**LONDON & MIDDLESEX AA MEETING LIST**

**JULY 9, 2024**

**July 9, 2024 (please email webmaster.aadistrict11@gmail.com if any errors/omissions).**
A.A. PREAMBLE©

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.

There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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