

Birthdays!

Name	Sobriety Date	Yrs	Celebration
210 Discussion Group			
Cam B.	Feb 9, 2016	10	Feb 10, 8pm
Big Book Journey Group			
Paul F.	Feb 4, 2019	7	
Big Book Workshop Group			
Rob R.		42	Feb 23, 7pm
Broady G.		7	Feb 23, 7pm
Paul A.		4	Feb 23, 7pm
Chelsea Green Group			
Lucas R.	Feb 4, 2024	2	
Michelle D.	Feb 10, 2024	2	
Eric D.	Feb 11, 2024	2	
Alissa E.	Feb 24, 2024	2	
Liberty Breakfast			
Sean K.	Feb 15, 2015	11	
Kathryn R.	Feb 26, 2022	4	
Old South 12 & 12			
Karl K.	Feb 17, 2018	8	
Pond Mills Men's Group			
Gary P.	Feb 11, 1981	45	Feb 12, 8pm
Mike M.	Feb 22, 1979	47	
Matt M.	Feb 23, 2025	1	Feb 26, 8pm
Bill M.	Feb 25, 1990	36	
St. Jude's Group			
Catherine T.	Feb 12, 2024	2	
Tom C.	Feb 26, 1996	30	Mar 11, 7pm
Trinity 12 & 12 Group			
Linda M.	Feb 11, 2022	4	
Theresa F.	Feb 11, 2005	21	
Tuesday North Group			
Richard O.	Feb 3, 2012	14	
Judy D.	Feb 27, 2009	17	
Young, Sober, & Free Group			
Alicia R.		1	Feb 13, 8pm

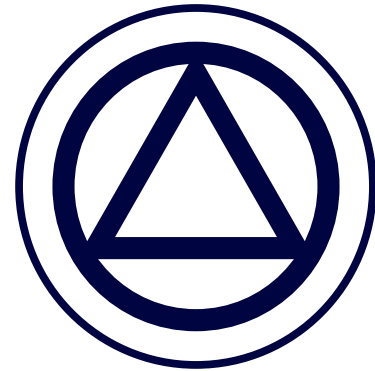


Do you think you may have a problem with alcohol?

Please call our 24hr Helpline at (519) 438-1122 or Toll-free at 1 (888) 661-7764 or email us at londonmdxtas@gmail.com.

Both methods are confidential.

AA District 11 London-Middlesex Newsletter



February 2026

Next District 11 Hybrid Meeting

Tuesday, February 10, 6:30 PM

501 Nelson Street, Unity Church

Zoom ID: 890 3108 9359 Password: 049374

Central Office

2A5-30 Adelaide Street North

London, ON N6B 3N5

519-438-9006 | aadistrict11.ca

centralofficemgr.aadistrict11@gmail.com

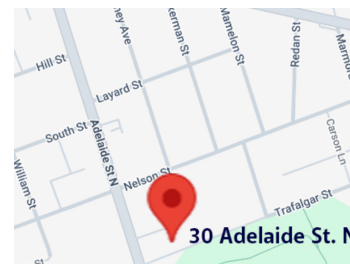
February Hours

CLOSED FEB 16 FOR FAMILY DAY

Mon & Wed: 12pm – 3:30pm

Sat, Feb 14: 12pm – 3:30pm

Sat, Feb 28: 12pm – 3:30pm



Finding the Central Office

2A5-30 Adelaide Street North

London, ON N6B 3N5

First floor, back left

Announcements

From the Telephone Answering Service Committee

The District 11 Telephone Answering Service urgently needs Female Captains. Please email londonmdxtas@gmail.com if you are interested or would like to know more!

On another note, the Telephone Answering Service now has a toll-free number up and running, making it easier than ever for people to reach us! It is: **1 (888) 661-7764**

From the Central Office

Central Office is in need of volunteers for the following open positions:

Sales Associate

- Number of Open Positions: 3- 4
- Sobriety requirements:
 - 6 months of continuous sobriety
 - You have a Sponsor
 - You have a Home Group
- One 4-hour shift per week
- Training is provided

IT Support For "The Square"

- Number of Open Positions: 1
- Sobriety requirements:
 - 2 years of continuous sobriety
 - You have a Sponsor
 - You have a Home Group
- Approximately 1 hour per week

Please email centralofficemgr.aadistrict11@gmail.com or call the Central Office at **519-438-9006** if you are interested. Or just stop by the store during open hours!

Saturday Night Live - New Location

The Saturday Night Live Group has a new venue. The group will now be meeting at Chalmers Presbyterian Church (342 Pond Mills Rd, London, ON). They meet Saturdays at 7pm in the lower hall of the church.

Upcoming Events

Area 86 Panel 76 Spring Assembly

Date: March 27, 28, and 29

Location: Oakville Conference Centre, 2515 Wyecroft Rd., Oakville, Ontario L6L 6P8

Semi-annual gathering of Area 86 members to share updates, discuss service matters, and participate in collective decision-making. A welcoming space for GSRs, district representatives, and committee members to connect, learn more about service work, and support the work of the fellowship. See area86aa.org for more info.

District 11 Spotlight Of The Month

The "Gong"



Inscription:

Presented
to
B.P.M. Group
A.A.
London, Ont
Oct. 4 '48
Organized
August 4th, 1948

"In March of 1948, a second group, the Business and Professional Men's Group was founded. From the beginning, this group was a closed meeting. For many years, the meetings were held in the Board Room of the Main Library, 305 Queens Avenue and took place on Monday night. At first, a roll call of members took place, then the start of the meeting was signaled by the ringing of a gong. In the 1960's, the group moved to the Y.M.C.A. on Wellington Street where it met for many years in the Board Room. Following a fire that took place at the Y.M.C.A., the group moved to the Parish Hall of St. Stephen's R.C. Church at 389 Horton Street. Later in the 1980's the group moved to Christ Church, its present location at the corner of Hill and Wellington Streets."

Cit: *History of Alcoholics Anonymous In London 1942 - 1993 - Pat R*

Note: The Group continues to meet on Mondays at 8pm at St. James Presbyterian Church, 280 Oxford Street E.

**The "Gong" can be viewed at The Central Office:
30 Adelaide St N Unit 2A5 District 11 Archives.**

*Presented by the District 11 Archives Subcommittee
archives.aadistrict11@gmail.com*

Is there anything you'd like to see in future newsletters? Please feel free to send ideas, general suggestions, and/or feedback to:

webmaster.aadistrict11@gmail.com

Wishing you all a happy, healthy, and sober February!
- District 11 Newsletter & Website Subcommittee

AA District 11 London-Middlesex

General Service Representatives (GSRs)

General Service Representatives form the collective group conscience for all votes

District Officers

District Committee Member (DCM)

Gudrun M. — Early Bird Grapevine Group

Alternate DCM

Teresa V. — True North Group

District Secretary/Registrar

Tammy B. — Chelsea Green Group

District Treasurer

Linda M. — Early Bird Grapevine Group

Central Office Treasurer

Mary C. — Early Bird Grapevine Group

Subcommittee Chairpersons

Alkathon

Amanda B. — Chelsea Green Group

Archives

Margaret K. — Big Book Workshop Group

Bridging the Gap & Telephone Answering Service

Gerry M. — Beginner's Group

Central Office Manager

Jeff R. — Pond Mills Men's Group

Corrections

Lynn B. — Chelsea Green Group

Grapevine

Lexi H. — Tuesday North Group

London Middlesex Roundup

Jen C. — Big Book Study Group

Newsletter & Website

Charlie C. — Beginner's Group

Public Information/Cooperation with the Professional Community

Fred K. — Clear Air Group

Treatment and Accessibilities & Remote Communities

Martin O. — B. & P.M. Group

Three Levels of Service

District 11

Payable to *London Middlesex General Service*

treasurer.aadistrict11@gmail.com
aadistrict11.ca

Area 86

Payable to *Western Ontario General Service*

treasurer@Area86aa.org
area86aa.org
area86aa.org/a-a-contributions

General Service Office

Payable to *General Service Board*
Post Office Box 459
Grand Central Station, New York, NY
10163
contribution.aa.org

When making a contribution, please include a return address and group name for receipts.

Meeting List

aadistrict11.ca/meetings

Meeting Guide App

aa.org/meeting-guide-app

Keep the Meeting List Updated

Send an email to
webmaster.aadistrict11@gmail.com

WANT TO HELP ANOTHER ALCOHOLIC?

Give a Gift Subscription

to an alcoholic who needs it.

Great for:

- Sponsees • Newcomers • Prisons • Detoxes
- Doctors' Offices • Group Celebrations
- District and Area Events • Giveaways

Grapevine & La Viña are Great Twelfth Step Tools!

Get your group, district, area or
AA friends to join in. Carry the Message,
it's easy!

Go to aagrapevine.org/carry-the-message
to get started and see our new Carry the Message
video at www.youtube.com/@aagrapevine



**CARRY
THE
MESSAGE
PROJECT**

District 11 Telephone Answering Service



The answering service provides an Alcoholics Anonymous listing in our District for those who are seeking help . It may refer calls to a nearby AA meeting or may have a volunteer member contact them.

The responsibility of our answering services falls exclusively on our AA members.

Female Captains and Female 12 Step Call Volunteers are Urgently Needed!



When someone calls the AA Help Line it is first answered by a volunteer captain who will reach out to the 12 step call volunteers at the same time for a quicker response to help the caller.

We cannot do this efficiently if we do not have enough Captains and Volunteers.



Female Captains and Female 12 Step Call Volunteers are Urgently Needed!

Male volunteers are always accepted as well.



Please contact TAS Chairperson for further information or better yet... join the team of volunteers. Answer The Call!!

Email: londonmdxtas@gmail.com



I am responsible. When anyone, anywhere reaches out for help, I want the hand of AA always to be there. And for that, I am responsible.