

Birthdays!

Name	Sobriety Date	Yrs	Celebration
210 Discussion Group			
Patti T.	Mar 27, 2017	9	
David R.	Mar 31, 2025	1	Mar 31, 8pm
Beginner's Group			
Sandra K.	Mar 10, 2023	3	
Cole M.	Mar 23, 2025	1	Apr 1, 7pm
Big Book Journey Group			
Randy T.	Mar 1, 1997	29	
Carol A.	Mar 1, 1992	34	
Lynn B.	Mar 3, 2022	4	
Carol F.	Mar 29, 1980	46	
Early Bird Grapevine Group			
Barb G.	Mar 1, 2024	2	
Jan R.	Mar 6, 2000	26	
Linda M.	Mar 12, 1989	37	
Liberty Breakfast			
Tom O.	Mar 13, 2009	17	
Grant C.	Mar 27, 2021	5	Mar 29, 11am
Guy St. J.	Mar 28, 2005	21	
Pond Mills Men's Group			
Ken B.	Mar 18, 1986	40	Mar 19, 8pm
Kerry B.	Mar 26, 1975	51	
St. Jude's Group			
Julie O.	Mar 6, 1996	30	Mar 11, 7pm
Dave W.	Mar 14, 2025	1	Mar 18, 7pm
Kevin D.	Mar 17, 2020	6	
The Solution Group			
Nancy G.	Mar 5, 1997	29	
Amanda M.	Mar 13, 2024	2	
Tammy B.	Mar 30, 2024	3	
Trinity 12 & 12 Group			
Tyler H.	Mar 10, 2024	2	
True North			
Teresa D.	Mar 1, 1983	43	
Sprite S.	Mar 16, 2024	2	
Tuesday North Group			
Helen F.	Mar 19, 2018	8	
Lexi H.	Mar 27, 2022	4	
Renee P.	Mar 30, 2022	4	
Young, Sober, & Free Group			
Sarah L.	Mar 7, 2025	1	Mar 20, 8pm

Do you think you may have a problem with alcohol?

Please call our 24hr Helpline at

(519) 438-1122

or Toll-free at **1 (888) 661-7764**

or email us at **londonmdxtas@gmail.com**.

Emails and phone calls are kept confidential.

AA District 11 London-Middlesex Newsletter



March 2026

Next District 11 Hybrid Meeting

Tuesday, March 10, 6:30 PM

501 Nelson Street, Unity Church

Zoom ID: 890 3108 9359 Password: 049374

Central Office

2A5-30 Adelaide Street North

London, ON N6B 3N5

519-438-9006 | aadistrict11.ca

centralofficemgr.aadistrict11@gmail.com

February Hours

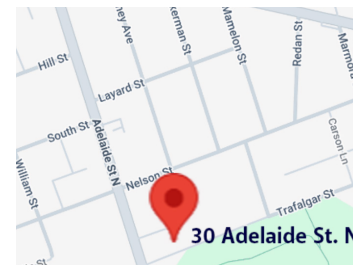
Mon & Wed: 12pm – 3:30pm

Sat, Mar 14: 12pm – 3:30pm

Sat, Mar 28: 12pm – 3:30pm

For Main Door Entry After Hours please call

the Office at 519-438-9006



Finding the Central Office

2A5-30 Adelaide Street North

London, ON N6B 3N5

First floor, back left

Announcements

New name, same group

The group formerly known as Chelsea Green Group has adopted a new name: The Solution Group.

Meeting location changes

The 210 Discussion Group, Clear Air Group, Metropolitan Group, and The Easier, Softer Way Group will all now be meeting at St. George's Presbyterian Church, located at 1475 Dundas St E.

Upcoming Events

Area 86 Panel 76 Spring Assembly

Date: March 27th, 28th, and 29th

Location: Oakville Conference Centre, 2515 Wyecroft Rd., Oakville, Ontario

Semi-annual gathering of Area 86 members to share updates, discuss service matters, and participate in collective decision-making. A welcoming space for GSRs, district representatives, and committee members to connect, learn more about service work, and support the work of the fellowship. All AA members are welcome. View agenda at: aadistrict11.ca/assembly-agenda

Central West AA Gratitude Dinner

Date: April 11th, 5pm

Location: Portuguese Club of Cambridge, 870 Townline Rd, Cambridge ON

See attached flyer for more info.

District 19 Roundup

Date: April 25th, 8am

Location: St. George's Anglican Church, 4691 Palladium Way, Burlington, ON

See attached flyer for more info.

Hamilton & Districts Archives Breakfast

Date: May 3rd, 8:30am

Location: Knights of Columbus, 222 Queenston Rd, Hamilton, ON

See attached flyer for more info.

Area Committee Meeting

Date: May 23rd

Location: St. Stephens Lutheran Church, 248 Highland Rd E., Kitchener, ON

District 11 Archives Spotlight Of The Month



The Handout Card Reads:

A Telephone wire can be your lifeline
....but phone before you take that FIRST ONE.
(A Dime was included for the phone booth.)



388 Dundas St Intergroup
Central Office
Preceded with Literature
Distribution Chair



Consortium Court
Intergroup
Central Office



Current
London Middlesex
Central Office

Our Central Office through the years was always a destination for Literature purchases, but when you entered the basement office at 388 the desk that was front and center was manned by members answering the calls to our hotline 519-438-1122. This number was listed in the Telephone Directory as well as printed in our local Newspapers. Early Chairs for the Telephone Answering Committee had land lines installed in their homes. A lot has changed as time passed, technology evolved and has been implemented but our primary purpose has never changed and Recovery still begins when one Alcoholic talks with another sharing experience, strength and hope.

The Phone and Card (with the dime) May be seen on display at our Central Office 30 Adelaide St N Unit 2A5

Presented by the District 11 Archives Subcommittee
archives.aadistrict11@gmail.com

AA District 11 London-Middlesex

General Service Representatives (GSRs)

General Service Representatives form the collective group conscience for all votes

District Officers

District Committee Member (DCM)
Gudrun M. — Early Bird Grapevine Group

Alternate DCM
Teresa V. — True North Group

District Secretary/Registrar
Tammy B. — Chelsea Green Group

District Treasurer
Linda M. — Early Bird Grapevine Group

Central Office Treasurer
Mary C. — Early Bird Grapevine Group

Subcommittee Chairpersons

Alkathon
Amanda B. — Chelsea Green Group

Archives
Margaret K. — Big Book Workshop Group

Bridging the Gap & Telephone Answering Service
Gerry M. — Beginner's Group

Central Office Manager
Jeff R. — Pond Mills Men's Group

Corrections
Lynn B. — Chelsea Green Group

Grapevine
Lexi H. — Tuesday North Group

London Middlesex Roundup
Jen C. — Big Book Study Group

Newsletter & Website
Charlie C. — Beginner's Group

Public Information/Cooperation with the Professional Community
Fred K. — Clear Air Group

Treatment and Accessibilities & Remote Communities
Martin O. — B. & P.M. Group

Three Levels of Service

District 11

Payable to *London Middlesex General Service*
treasurer.aadistrict11@gmail.com
aadistrict11.ca

Area 86

Payable to *Western Ontario General Service*
treasurer@Area86aa.org
area86aa.org
area86aa.org/a-a-contributions

General Service Office

Payable to *General Service Board*
Post Office Box 459
Grand Central Station, New York, NY 10163
contribution.aa.org

When making a contribution, please include a return address and group name for receipts.

Meeting List

aadistrict11.ca/meetings

Meeting Guide App

aa.org/meeting-guide-app

Keep the Meeting List Updated

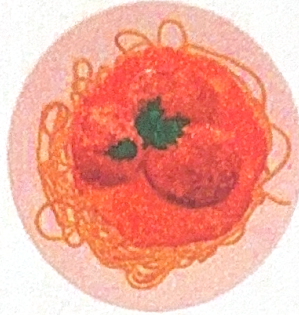
Send an email to
webmaster.aadistrict11@gmail.com

Is there anything you'd like to see in future newsletters? Please feel free to send ideas, general suggestions, and/or feedback to:

webmaster.aadistrict11@gmail.com

CENTRAL WEST AA

TRI-CITY GRATITUDE DINNER



TICKETS - \$15

**Speaker - Freddy M
(Sunday Morning Group, Barrie ON)**

*Pasta Dinner • 50/50 • Sobriety
Countdown • Door Prize*

**Location - Portuguese Club of Cambridge,
870 Townline Rd, Cambridge ON, N1T 2G3**

**Doors - 5pm
Dinner - 6pm**

APRIL 11, 2026

CONTACT INFO:

JEFF C - JEFFCA86@HOTMAIL.COM
JOSHUA E - JOSHUAEA86@GMAIL.COM

District 19

ROUND UP

"Our Great Responsibility"

APRIL 25 2026

**FULL DAY EVENT! \$25
DOORS OPEN AT 8:00AM**

CONTINENTAL BREAKFAST AND
LUNCH PROVIDED

LINE UP OF AA AND AL-ANON
SPEAKERS

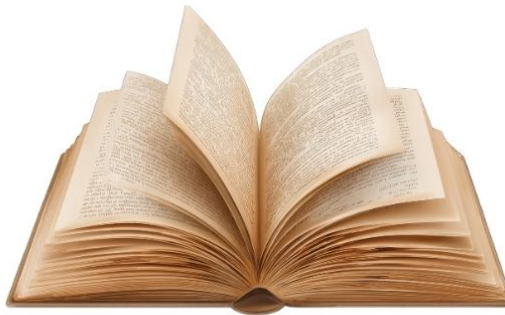
ST. GEORGES ANGLICAN CHURCH
4691 PALLADIUM WAY, BURLINGTON



Hamilton & Districts

24th Annual Archives Breakfast

Sunday, May 3rd, 2026



Location: Knights of Columbus

222 Queenston Road, Hamilton

Tickets: \$25.00 (includes catered
breakfast)

Speaker: Bruce B. West Toronto

Ticket purchase available by E-transfer to sgc@cogeco.ca
(include "Archives & your name" in the E-transfer message)

Pre-purchased tickets can be picked up at door

Doors open at 8:30am

Limited tickets will be available at the door

Fellowship: 9:00am - 9:45am

Opening Remarks & Grace: 9:45am

Breakfast: 10:00am

Speaker: 11:00am

Sobriety Countdown: 12:00pm

Door Prizes and 50/50!



For more information:



archives@aaahamilton.org

AA Central Office:

(905) 522-8399

Please join us to honour and remember together in unity.