

Birthdays!

Name	Sobriety Date	Yrs	Celebration
210 Group			
Elizabeth B.	May 1, 2019	7	
Beginner's Group			
Rick M.	May 4, 1984	42	May 27, 7pm
Kyle F.	May 28, 2025	1	June 3, 7pm
Big Book Journey Group			
Bill S.	May 31, 2016	10	June 4, 8pm
Big Book Workshop Group			
Tatiana G.	May 18, 2024	2	May 18, 7pm
Erich K.	May 21, 1990	35	
Brenda J.	May 29, 1983	48	
John J.	May 30, 1983	48	
Early Bird Grapevine Group			
Sammy K.	May 11, 2024	2	
Liberty Breakfast			
Scott T.	May 14, 2024	2	
Frances E.	May 24, 1996	30	May 31, 11am
Old South 12 & 12			
Katelynn C.	May 10, 2024	2	
Greg Y.	May 16, 2014	12	
Patrick H.	May 18, 2025	1	
Pond Mills Men's Group			
Gary C.	May 10, 1974	52	
St. Jude's Group			
Gord T.	May 25, 1998	28	
Strathroy Friendly Group			
Drena	May 14, 1979	47	
The Solution Group			
Cheryl B.	May 1, 2018	8	
Harrison W.	May 1, 2024	2	
Kyle H.	May 15, 2025	1	May 23, 10am
Michael C.	May 9, 2025	1	May 30, 10am
Lynn B.	May 20, 2012	14	
Sukhman J.	May 28, 2025	1	
Brandon C.	May 5, 2025	1	May 9, 10am
Aaron P.	May 6, 2019	7	
Trinity 12 & 12 Group			
Jordan M.	May 11, 2024	2	
True North			
Susan G.	May 24, 2017	9	

Do you think you may have a problem with alcohol?

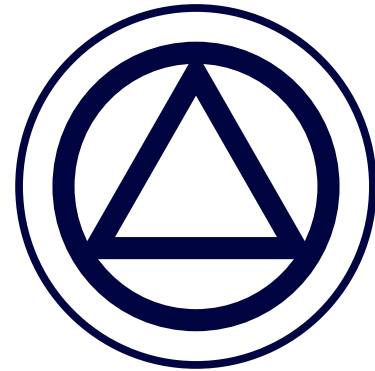
Please call our 24hr Helpline at
(519) 438-1122

or Toll-free at **1 (888) 661-7764**

or email us at **londonmdxtas@gmail.com**.

Emails and phone calls are kept confidential.

AA District 11 London-Middlesex Newsletter



May 2026

Next District 11 Hybrid Meeting

Tuesday, May 13, 6:30 PM

501 Nelson Street, Unity Church

Zoom ID: 890 3108 9359 Password: 049374

Central Office

2A5-30 Adelaide Street North

London, ON N6B 3N5

519-438-9006 | aadistrict11.ca

centralofficemgr.aadistrict11@gmail.com

May Hours

****CLOSED MAY 18****

Mon & Wed: 12pm – 3:30pm

Sat, May 9: 12pm – 3:30pm

Sat, May 23: 12pm – 3:30pm

*For Main Door Entry After Hours please call
the Office at 519-438-9006*



Finding the Central Office

2A5-30 Adelaide Street North

London, ON N6B 3N5

First floor, back left

Announcements

New Meetings

There are 3 new meetings in District 11!

Three Sides is a Big Book meeting that takes place Tuesdays at 6:30pm at 743 Wellington Road. Please use Entrance 2 and ring the buzzer.

The Outside Ishhhhh You Group is a 12 & 12 read-and-share that takes place Saturdays at 6:30pm at 205 Horton St E (Same location as Thunderbird & Sunday Morning Groups)

Serenity in the Park is returning for the warmer weather. Starting May 15th, it will place Fridays at 6:30pm at (or near) the Gibbons Park Pavilion (Northwest side of park). Parking is available at the end of Victoria St.

Volunteer Opportunities

The Corrections Subcommittee is in need of male volunteers to bring meetings to the jail. Requirements: 2 years continuous sobriety, has worked the 12 steps, has a home group & a sponsor. Contact Lynn B. for more info: corrections.aadistrict11@gmail.com

The Treatment and Accessibilities & Remote Communities Subcommittee is in need of volunteers to chair treatment meetings. They are also in need of volunteers to bring AA to members that are in long-term care facilities (6 months continuous sobriety required). Contact Martin O. for more info: treatment.aadistrict11@gmail.com

May in AA History

In May 1935, Bill Wilson traveled to Akron on a failed business trip.

While there, he felt the urge to drink and reached out to another alcoholic for support. This led to his meeting with Dr. Bob Smith. This moment is widely considered the beginning of AA.

Their first conversation (often dated May 12, 1935, which also happened to be Mother's Day that year) lasted several hours.

This meeting marked the start of one alcoholic helping another stay sober (the core principle of AA).



Upcoming Events

Hamilton & Districts Archives Breakfast

Date: May 3, 8:30am

Location: Knights of Columbus, 222 Queenston Rd, Hamilton, ON

District 5 49th Annual Roundup

Date: May 3, 8:30am

Location: Bruce Township Community Centre, 1240 6 Concession, Tiverton, ON

Area Committee Meeting

Date: May 23

Location: St. Stephens Lutheran Church, 248 Highland Rd E., Kitchener, ON

Celebration for Betty H. - 40 Years

Date: May 28, 7:30pm

Location: St. Paul United Church, 48 Broadway St W, Paris, ON

Safety In AA Workshop

Date: June 6, 9am-12pm

Location: St John the Evangelist Anglican Church, 280 St James Street, London, ON

District 11 Archive Breakfast

Date: June 13, 8am

Location: Colborne United Church, 711 Colborne St., London, ON

District 4 – 49th One Day Round-Up

Date: June 13, 8am

Location: Mitchell Community Centre, 185 Wellington St, Mitchell, ON

District 9 29th Annual Roundup

Date: June 13, 8:30am

Location: Harmony Centre, 890 4th Avenue East, Owen Sound, ON

Woodstock's 43rd Marathon of Unity Convention

Date: Aug 14, 15 & 16

Location: To be determined.

Please see the attached flyers for more information about these events!

District 11 Archives Spotlight of The Month May 2026

Alcoholics Anonymous Basic Text: - The Big Book

In 1939 AA Pioneers were broke and struggling to find sufficient backing to publish the book Alcoholics Anonymous. It was decided that they would publish the book themselves through their newly established Works Publishing Inc. Their new company sold stock certificates as a means to raise money for the printing of the book.



The Calumet Building located at 17 Williams Street in Newark, New Jersey, is historically significant as the site of the first "headquarters" of Alcoholics Anonymous where most of the Big Book was written in 1938 using secretarial services provided by Ruth Hock.

The 1st Edition 1st Printing of the Big Book Sold for \$3.00 -Equivalent to about \$54.00 per book today.

It is one of the best-selling books of all time - selling over 30 million copies.

Time magazines placed the book on its list of the 100 best and most influential books written.

The Library of Congress designated it as one of 88 "Books that Shaped America"

"We, of Alcoholics Anonymous, are more than one hundred men and women who have recovered from a seemingly hopeless state of mind and body "

PRICELESS!!



All of the above Editions of the Big Book and Stock Certificate can be viewed at the District 11 Archives Display at our Central Office

Service Spotlight

Gerry M., Telephone Answering Service / Bridging the Gap Subcommittee Chairperson, District 11

What inspired you to take on this service position?

I was inspired to stand for the Telephone Answering Service/Bridging the Gap Chair position because I came to A.A. through the Hotline and wanted to give back what was so freely given to me.

What are the main responsibilities of your role?

The main responsibilities of my role are to make sure the phone call always gets answered, make sure we have volunteers, and to train them. Finally, I respond and communicate with any requests from A.A.s, volunteers, and District Committee Members/Officers.

What have you learned about AA or about yourself through this service?

I have learned so much through being of service at the district level. I have gained a deeper understanding of the spiritual principles of A.A. I have also witnessed and been a part of the Traditions being used to guide the responsibilities of our positions within the District.

What has been the biggest challenge in this role, and how did you navigate it?

The biggest challenge has been the responsibility of taking on a new service role. Someone once said to me, "We don't elect the qualified, but qualify the elected." This has certainly been the case for me, as the learning curve can be quite steep at first. However, the rewards are in the work if you enjoy a challenge.

What has been the most rewarding or meaningful moment in this position?

The most rewarding part of this position has been working with the volunteers. I get to see our volunteers' excitement about helping other people begin their journeys into sobriety.

What would you tell someone who is thinking about stepping into this service role?

I would tell whoever was considering stepping into this role to prepare to be changed by the work. You will be a small part of so many miracles. Nothing worth doing will be easy, and enjoy the journey.



AA District 11 London-Middlesex

General Service Representatives (GSRs)

General Service Representatives form the collective group conscience for all votes

District Officers

District Committee Member (DCM)
Gudrun M. — Early Bird Grapevine Group

Alternate DCM
Teresa V. — True North Group

District Secretary/Registrar
Tammy B. — Chelsea Green Group

District Treasurer
Linda M. — Early Bird Grapevine Group

Central Office Treasurer
Mary C. — Early Bird Grapevine Group

Subcommittee Chairpersons

Alkathon
Amanda B. — Chelsea Green Group

Archives
Margaret K. — Big Book Workshop Group

Bridging the Gap & Telephone Answering Service
Gerry M. — Beginner's Group

Central Office Manager
Jeff R. — Pond Mills Men's Group

Corrections
Lynn B. — Chelsea Green Group

Grapevine
Lexi H. — Tuesday North Group

London Middlesex Roundup
Jen C. — Big Book Study Group

Newsletter & Website
Charlie C. — Beginner's Group

Public Information/Cooperation with the Professional Community
Fred K. — Clear Air Group

Treatment and Accessibilities & Remote Communities
Martin O. — B. & P.M. Group

Three Levels of Service

District 11

Payable to *London Middlesex General Service*
treasurer.aadistrict11@gmail.com
aadistrict11.ca

Area 86

Payable to *Western Ontario General Service*
treasurer@Area86aa.org
area86aa.org
area86aa.org/a-a-contributions

General Service Office

Payable to *General Service Board*
Post Office Box 459
Grand Central Station, New York, NY 10163
contribution.aa.org

When making a contribution, please include a return address and group name for receipts.

Meeting List

aadistrict11.ca/meetings

Meeting Guide App

aa.org/meeting-guide-app

Keep the Meeting List Updated

Send an email to
webmaster.aadistrict11@gmail.com

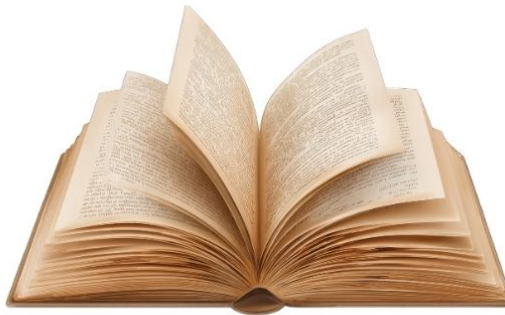
Is there anything you'd like to see in future newsletters? Please feel free to send ideas, general suggestions, and/or feedback to:

webmaster.aadistrict11@gmail.com

Hamilton & Districts

24th Annual Archives Breakfast

Sunday, May 3rd, 2026



Location: Knights of Columbus

222 Queenston Road, Hamilton

Tickets: \$25.00 (includes catered
breakfast)

Speaker: Bruce B. West Toronto

Ticket purchase available by E-transfer to sgc@cogeco.ca
(include "Archives & your name" in the E-transfer message)

Pre-purchased tickets can be picked up at door

Doors open at 8:30am

Limited tickets will be available at the door

Fellowship: 9:00am - 9:45am

Opening Remarks & Grace: 9:45am

Breakfast: 10:00am

Speaker: 11:00am

Sobriety Countdown: 12:00pm

Door Prizes and 50/50!



For more information:



archives@aaahamilton.org

AA Central Office:

(905) 522-8399

Please join us to honour and remember together in unity.

District 5 Area 86

Welcome to our 49th Annual Roundup

“A VISION FOR YOU”

Please join us for a wonderful day of sharing and fellowship with one another

Sunday May 3, 2026

Bruce Township Community Centre

1240 Concession 6, Underwood

(Between Port Elgin & Tiverton Hwy 21)

Cost - \$20.00 Doors open 8:30 a.m. (opening ceremony 9:00 a.m.)

***AA Speakers**

- Dorothy K. - Melrose Group, Etobicoke
- Heidi M. - New Celebration of Life Group – Fergus
- Marty C. - Prince George Group - Hamilton

***Alanon Speaker**

- Tanis T. - Tuesday Night Serenity Group - Orangeville

***Displays for Literature, Grapevine & More !**

***Report from our Alternate Delegate**

***Sobriety Countdown**

***Lunch is provided**

*** Full Day of Fellowship**



Questions? Please contact : roundup.dist5area86@gmail.com

Paris Thursday Night Group



Celebration for Betty H. – 40 Years

Open Speaker BIRTHDAY Meeting

Speaker – John O.

Recovery Unlimited Group, Woodstock

Thursday May 28, 2026 at 7:30pm

St. Paul United Church

48 Broadway Street West

Paris, Ontario

Please join us for Fellowship and Cake

DISTRICT 11 PRESENTS

SAFETY IN A.A WORKSHOP



9AM-12PM

**SATURDAY
JUNE 6, 2026**

*St John The
Evangelist Church
280 St James St.
London*

**Presented by Tammy S
Area 86 Delegate**

**A.A. UNITY—GUIDED BY TRADITION ONE—RELIES ON
CREATING MEETINGS THAT ARE SAFE, WELCOMING, AND
FOCUSED ON RECOVERY.**

Workshop Topics Include

- *Boundary Violations*
- *Impact of Outside Issues*
- *Crosstalk*
- *Discrimination*
- *Gossip*

Open to all members of AA

49TH ONE DAY ROUND-UP



CENTRAL WEST 3,

DISTRICT 4

SUNDAY JUNE 7, 2026

9:00 AM

DOORS OPEN AT 8:15 AM

AA SPEAKERS:

JANICE F., CAMBRIDGE

JOHN C., HAMILTON

ALI H., TORONTO

AL-ANON SPEAKER:

TOM R., ST. MARY'S

SPECIAL MESSAGE FROM:

TAMMY S., AREA 86 DELEGATE

TICKETS: \$25.00/PERSON

INCLUDES LUNCH, SNACKS, COFFEE, WATER

POT LUCK BREAKFAST SNACKS

MITCHELL COMMUNITY CENTRE

185 WELLINGTON ST., MITCHELL, ON

E-MAIL: TREASURER@AAD4.ORG

CW#, DISTRICT 4. PO BOX 23006, STRATFORD, ON. N5A 7V8



District 11 Archive Breakfast

The *Heartbeat* *of AA*

*H
O
M
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G
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P*

Saturday
June 13, 2026
Colborne United Church
711 Colborne St.,
London On.



Tickets: \$20.00 ea. in advance
Contact: archives.aadistrict11@gmail.com
Fred K/ Lisa S. Clear Air Group
Gerry Mc – Beginners Group
Jason R. – Old South 12 & 12
Marg K. – Big Book Workshop Group

- ♥ *Doors Open 8:00 am*
- ♥ *Opening*
- ♥ *Archive Presentation*
- ♥ *Breakfast*
- ♥ *Panel Speakers*
- ♥ *Appreciation & Door Prizes*
- ♥ *Closing*



AREA 86 | DISTRICT 9

**29TH ANNUAL
ROUNDUP**

“A Journey to Faith”

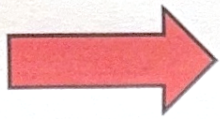
SATURDAY, JUNE 13

NEW LOCATION

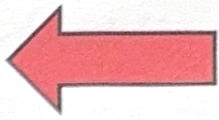
**Harmony Centre
890 4th Ave East
Owen Sound**

Tickets: \$20 (Lunch included.)

An all-day event. Registration at 8:30 AM
Program ends at 4:00 PM



?? AROUND WOODSTOCK SOMEWHERE ??



Woodstock's 43rd

Marathon of Unity Convention

1126 Beale Street, Woodstock, ON N4S 6X5

VENUE TO BE DETERMINED

August 14, 15 & 16th, 2026



Mark your calendar!!

*Join us for a weekend of AA and Al-Anon speakers,
food, fellowship and fun!! All welcome!*

Further details to follow on <https://www.oxfordaa.com>

Questions? Contact woodstockmou@gmail.com