

Birthdays!

Name	Sobriety Date	Yrs	Celebration
Angel Group			
Allyson S.	June 15, 2021	5	June 17, 10am
Beginner's Group			
Kyle F.	May 28, 2025	1	June 3, 7pm
Centennial Group			
Sarah W.	May 29, 2021	5	June 1, 8pm
Clear Air Group			
Fred K.		5	June 15, 7pm
Early Bird Grapevine Group			
Mary D.	June 10, 1994	32	
Liberty Breakfast			
John T.	June 18, 2010	16	
Opportunity Big Book Group			
Ashley O.		1	June 5, 7:30pm
Pond Mills Men's Group			
Marv H.	June 1, 1995	31	
St. Jude's Group			
Miranda S.	June 4, 2025	1	June 10, 7pm
Merv S.	June 10, 2018	8	
Strathroy Friendly Group			
Dan V.	June 29, 1999	27	
The Solution Group			
Robert C.	June 6, 1998	28	
Andrew	June 7, 2025	1	
Roger R.	June 9, 2025	1	
Kerry K.	June 16, 2007	19	
Kim M.	June 20, 2022	4	
Dustin T.	June 22, 2023	3	
Jerry Z.	June 29, 2025	1	
Trinity 12 & 12 Group			
Karen R.	June 20, 2018	8	
True North			
Pat C.	June 29, 2025	1	
Tuesday North Group			
Tatiana R.	June 6, 2007	19	
Jenna R.	June 15, 2011	10	June 30, 8pm
Sarah M.	June 29, 2019	7	

Do you think you may have a problem with alcohol?

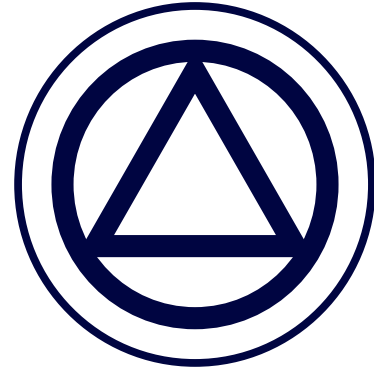
Please call our 24hr Helpline at
(519) 438-1122

or Toll-free at **1 (888) 661-7764**

or email us at **londonmdxtas@gmail.com**.

Emails and phone calls are kept confidential.

AA District 11 London-Middlesex Newsletter



June 2026

Next District 11 Hybrid Meeting

Tuesday, June 9, 6:30 PM

501 Nelson Street, Unity Church

Zoom ID: 890 3108 9359 Password: 049374

Central Office

2A5-30 Adelaide Street North

London, ON N6B 3N5

519-438-9006 | aadistrict11.ca

centralofficemgr.aadistrict11@gmail.com

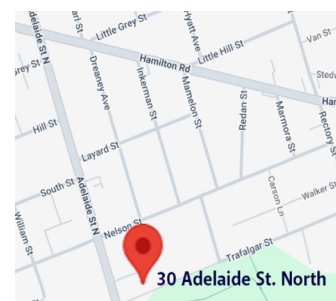
May Hours

Mon & Wed: 12pm – 3:30pm

Sat, June 6: 12pm – 3:30pm

Sat, June 20: 12pm – 3:30pm

For Main Door Entry After Hours please call
the Office at 519-438-9006



Finding the Central Office

2A5-30 Adelaide Street North

London, ON N6B 3N5

First floor, back left

Announcements

New Women's Meeting

Starting June 6th, there is a new women's meeting in District 11! The Sisters In Sobriety Group will meet at 5pm on Fridays at 55 Foxbar Rd. Bring your own book, limited available at the meeting.

Volunteer Opportunities

The Corrections Subcommittee is in need of male volunteers to bring meetings to the jail. Requirements: 2 years continuous sobriety, has worked the 12 steps, has a home group & a sponsor. Contact Lynn B. for more info: corrections.aadistrict11@gmail.com

The Treatment and Accessibilities & Remote Communities Subcommittee is in need of volunteers to chair meetings, also to bring AA to long-term care facilities (6 months sobriety required). Contact Martin O. for more info: treatment.aadistrict11@gmail.com

The Public Information / Cooperation with the Professional Community subcommittee is looking for volunteers to help bring AA to long term care facilities, libraries/schools, the media, job fairs, professional association gatherings, or any event or location where we can spread the word of AA. Contact Fred K. for more info: picpc.aadistrict11@gmail.com

Upcoming Events

Safety In AA Workshop

Date: June 6, 9am-12pm

Location: St John the Evangelist Anglican Church, 280 St James Street, London, ON

District 11 Archive Breakfast

Date: June 13, 8am

Location: Colborne United Church, 711 Colborne St., London, ON

District 4 – 49th One Day Round-Up

Date: June 13, 8am

Location: Mitchell Community Centre, 185 Wellington St, Mitchell, ON

District 9 29th Annual Roundup

Date: June 13, 8:30am

Location: Harmony Centre, 890 4th Avenue East, Owen Sound, ON

Woodstock's 43rd Marathon of Unity Convention

Date: Aug 14, 15 & 16

Location: South Gate Centre, 191 Old Wellington St. South, Woodstock, Ontario

Please see the attached flyers for more information about these events!

District 11 Archives Spotlight Of The Month



Founders' Day: June 10, 1935



The Mayflower Hotel was the premiere hotel in Akron, Ohio. It was here that Bill W. made a fateful call on the Saturday of Mother's Day weekend in May of 1935. That call would lead to the first meeting between a New York stockbroker and an Akron physician. The difference one simple call made...



Gate Lodge at Stan Hywet Hall and Gardens in Akron, Ohio, where Bill & Bob first met

Our District 11 Archives Display at Central Office has a selection of Historical Founders Day Items for Viewing. Next best thing to being there!
Happy Founders Day!

Service Spotlight

Fred K., Public Information / Cooperation with the Professional Community Subcommittee Chairperson, District 11

What inspired you to take on this service position?

My first introduction to service was accidental where I served as Archives chair for the subcommittee. I was voluntold to help out as a volunteer, and this is where I learned about the importance of service. This current service panel position as chairperson for Public Information and Cooperation with the Professional Community - PI/CPC for District 11, Area 86 was brought to my attention at the Area 86 assembly in Oakville. It was there that I attended a public information workshop and began to understand the breadth and width of the position. I have always felt, practiced and understood there is a stigma to AA. Understanding that Alcoholics Anonymous is a Public Entity, while keeping Anonymity has been an interesting twist. There are many benefits to our Fellowship that are misunderstood and overlooked. *Contempt prior to investigation*

What are the main responsibilities of your role?

Primary duties are to report to the district what events are taking place in public information and cooperation with the public community. This entails working with volunteers on a committee. In this case, to divide and conquer different avenues, to get information to those who are unaware of Alcoholics Anonymous. It is not necessarily those people, but the people who they are in contact with professionally, that they may be offered to help where we in turn could help. So, reaching out to public entities like libraries, schools, nursing homes, doctors' offices, to name a few, is the crux of our committee.

What have you learned about AA or about yourself through this service?

The history of AA, especially in London district 11, was quite eye-opening. I often wondered who ran AA when I first came in. I was unsure if it was the church, the government or some kind of Cabal. I have learned that it is indeed the groups that run the show through our group consciences. I have learned about myself through service, that I am reminded on a daily basis of how little I know. I am quite comfortable delegating, working with, listening and learning from other members. In short, STAY TEACHABLE!

What has been the biggest challenge in this role, and how did you navigate it?

I have only been in my current position for three to four months and have not had many challenges, except for technical difficulty, and that's where I ask for help.

What has been the most rewarding or meaningful moment in this position?

Having been the chairperson of the archives committee on the previous panel district 11, I had some long timers come up to me after the archives breakfast and tell me what a wonderful event it was and that they actually learned a bunch of information about District 11's history. That was quite rewarding, coming from a long timer. With reference to the current position with public information, our telephone answering service contacted me to field a request from the City of London, to start micro housing shelter meetings. These will begin June 4th, 2026. It is a closed meeting, run in conjunction with the treatment committee, we must always be ready to extend the hand of AA.

What would you tell someone who is thinking about stepping into this service role?

Service can be intimidating. The biggest difference on this panel is having a committee where we can draw upon each other's experiences and strengths. Learning about the service position takes time but there are excellent mentors at the area level that are willing to help out. We work together to continue progress, not perfection. So, if anyone is considering taking on a service position, my suggestion is to volunteer on a sub-committee first to understand more about how it works. Have someone nominate you when the elections come next year, and you will be rewarded with learning more about the program, how it works, about yourself, and how important the three legacies are, and pertain to you.

AA District 11 London-Middlesex

General Service Representatives (GSRs)

General Service Representatives form the collective group conscience for all votes

District Officers

District Committee Member (DCM)
Gudrun M. — Early Bird Grapevine Group

Alternate DCM
Teresa V. — True North Group

District Secretary/Registrar
Tammy B. — Chelsea Green Group

District Treasurer
Linda M. — Early Bird Grapevine Group

Central Office Treasurer
Mary C. — Early Bird Grapevine Group

Subcommittee Chairpersons

Alkathon
Amanda B. — Chelsea Green Group

Archives
Margaret K. — Big Book Workshop Group

Bridging the Gap & Telephone Answering Service
Gerry M. — Beginner's Group

Central Office Manager
Jeff R. — Pond Mills Men's Group

Corrections
Lynn B. — Chelsea Green Group

Grapevine
Lexi H. — Tuesday North Group

London Middlesex Roundup
Jen C. — Big Book Study Group

Newsletter & Website
Charlie C. — Beginner's Group

Public Information/Cooperation with the Professional Community
Fred K. — Clear Air Group

Treatment and Accessibilities & Remote Communities
Martin O. — B. & P.M. Group

Three Levels of Service

District 11

Payable to *London Middlesex General Service*
treasurer.aadistrict11@gmail.com
aadistrict11.ca

Area 86

Payable to *Western Ontario General Service*
treasurer@Area86aa.org
area86aa.org
area86aa.org/a-a-contributions

General Service Office

Payable to *General Service Board*
Post Office Box 459
Grand Central Station, New York, NY 10163
contribution.aa.org

When making a contribution, please include a return address and group name for receipts.

Meeting List

aadistrict11.ca/meetings

Meeting Guide App

aa.org/meeting-guide-app

Keep the Meeting List Updated

Send an email to
webmaster.aadistrict11@gmail.com

Is there anything you'd like to see in future newsletters? Please feel free to send ideas, general suggestions, and/or feedback to:

webmaster.aadistrict11@gmail.com

DISTRICT 11 PRESENTS

SAFETY IN A.A WORKSHOP



9AM-12PM

**SATURDAY
JUNE 6, 2026**

*St John The
Evangelist Church
280 St James St.
London*

**Presented by Tammy S
Area 86 Delegate**

**A.A. UNITY—GUIDED BY TRADITION ONE—RELIES ON
CREATING MEETINGS THAT ARE SAFE, WELCOMING, AND
FOCUSED ON RECOVERY.**

Workshop Topics Include

- *Boundary Violations*
- *Impact of Outside Issues*
- *Crosstalk*
- *Discrimination*
- *Gossip*

Open to all members of AA

49TH ONE DAY ROUND-UP



CENTRAL WEST 3,

DISTRICT 4

SUNDAY JUNE 7, 2026

9:00 AM

DOORS OPEN AT 8:15 AM

AA SPEAKERS:

JANICE F., CAMBRIDGE

JOHN C., HAMILTON

ALI H., TORONTO

AL-ANON SPEAKER:

TOM R., ST. MARY'S

SPECIAL MESSAGE FROM:

TAMMY S., AREA 86 DELEGATE

TICKETS: \$25.00/PERSON

INCLUDES LUNCH, SNACKS, COFFEE, WATER

POT LUCK BREAKFAST SNACKS

MITCHELL COMMUNITY CENTRE

185 WELLINGTON ST., MITCHELL, ON

E-MAIL: TREASURER@AAD4.ORG

CW#, DISTRICT 4. PO BOX 23006, STRATFORD, ON. N5A 7V8



District 11 Archive Breakfast

The *Heartbeat* *of AA*

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Saturday
June 13, 2026
Colborne United Church
711 Colborne St.,
London On.



- ♥ *Doors Open 8:00 am*
- ♥ *Opening*
- ♥ *Archive Presentation*
- ♥ *Breakfast*
- ♥ *Panel Speakers*
- ♥ *Appreciation & Door Prizes*
- ♥ *Closing*

Tickets: \$20.00 ea. in advance

Contact: archives.aadistrict11@gmail.com

Fred K/ Lisa S. Clear Air Group

Gerry Mc – Beginners Group

Jason R. – Old South 12 & 12

Marg K. – Big Book Workshop Group



AREA 86 | DISTRICT 9

**29TH ANNUAL
ROUNDUP**

“A Journey to Faith”

SATURDAY, JUNE 13

NEW LOCATION

**Harmony Centre
890 4th Ave East
Owen Sound**

Tickets: \$20 (Lunch included.)

An all-day event. Registration at 8:30 AM
Program ends at 4:00 PM

Woodstock's 43rd Annual Alcoholics Anonymous

Marathon of Unity Convention

August 14, 15 and 16, 2026

NO Registration Fee ~ 7th Tradition (Donations) Only!

New Venue New Address New Venue New Address

**South Gate Centre, 191 Old Wellington St. South,
Woodstock, ON N4S 3J2**

can also access parking from Victoria St S.- turn south off Henry St./train station

Friday, August 14th

5:00 pm - Doors Open ~ Fellowship & Coffee

6:20 pm - Opening Ceremonies & Welcome

6:30 pm - AlAnon: *Peggy C., Stratford, ON*

8:00 pm - A.A.: *Jenn S., Kitchener, ON*

Saturday, August 15th

9:00 am - A.A.: *Dennis D., Simcoe, ON*

11:00 am - A.A.: *Odie M., Niagara Falls, ON*

~ Lunch Break ~

1:30 pm - AlAnon: *Tom R., St. Mary's, ON*

3:00 pm - A.A.: *Jesse B., Cambridge, ON*

5:00 pm - Dinner ~ Beef Barbeque (on site)



Adults: \$ 25.00 per person

Children 12 & Under: \$8.00

- A.A. Recording ~ by WearYourRecovery.com
- A.A. Literature + Books ~ by Intergroup London
- AA Grapevine Books & more... ~ District 22
- A.A. Jewelry & more... ~ by All That Glitters

Saturday, August 15th

6:30 pm - District Update

6:45 pm - 50/50 Draw, A.A. and Al-Anon

"Countdown to Sobriety" *Followed by:*

Banquet Speaker: Dan D., Hamilton, ON

Sunday, August 16th

9:00 am - A.A.: *Maureen W., Sault Ste Marie, ON*

10:30 am - A.A.: *Jamie L., Kitchener, ON*

~ Closing Ceremonies ~

- **Water and Soda** available between speakers..
Fries, Hamburgers, and Hotdogs from the
kitchen... Friday evening & Saturday
lunchtime



A.A. Hotline/TAS 519-438-1122

For more information,

Contact: woodstockmou@gmail.com