AA CENTRAL OFFICE – District 11, Area 86

BULLETIN #21 – SEPTEMBER, 2026

FUN!!

YOU'RE INVITED:

London Central Office

Open House Event

Saturday, Oct. 24th - 12 to 3:30pm

OFFICIAL PROGRAM at 1:00pm

30 Adelaide St. N., Unit #2A5

London, ON.

N6B 3N5

(519) 438-9006

COME SEE OUR NEW RENOVATIONS!

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- *LIVE MUSIC*
- DOOR PRIZES
- SPECIAL EVENT PRICING
- CAKE CUTTING
- REFRESHMENTS

ANOTHER COMPLIMENT FROM A RECENT VISITOR!

It was truly a delightful surprise to visit the store yesterday! So welcoming and smoothly operating! Many thanks to you, and the volunteers, for your service, and to God, for letting your vision come to life. I now look so forward to my next chance to be there. To have a chore turned into the highlight of my day, is quite extraordinary. Prayers & Love , Always, Heather W.

VOLUNTEER PICK OF THE MONTH

Over75 A.A. members from around the world share about what the terms "spiritual awakening", "Higher Power", and "God as we understood Him" mean to them. Offers a range of perspectives on what spirituality can look like in the context of Alcoholics Anonymous. General Service Conference approved.

ABC MEETING TOPICS

Acceptance, Amends, Anonymity	Kindness, Knowledge	Temper, Tolerance, Truth, Today
Behaviour, Belonging, Blackouts	Love, Loneliness, Live & Let Live	Unselfish, Unity, Understanding
Conscience, Complacency, Complex	Meetings, Morals, Meditation	Vanity, Values, Virtues, Vulgarity
Desire, Decisions, Depression	New Life, Ninth Step, Newcomers	Worry, Way of Life, Willingness
Easy Does It, Emotions, Egos	Obligations, ODAAT, Oldtimers	Yesterday, Youth
Faith, Fear, Fellowship, Fatigue	Prayer, Personalities, Principles	Zest for Sobriety
Gratitude, Gossip, Guilt, Grace	Quality vs Quantity, Quiet Time	
Inferiority, Illness, Immaturity, Inside	Resentments, Recovery, Remorse	
Jealousy, Joy, Judging	Surrender, Serenity, Spirituality	

THE IMPACT OF CENTRAL OFFICE

I had the opportunity to volunteer at Central Office for 3 years and it was a tremendous experience… and it was a great pleasure. It taught me how to help people, engage in conversation and how to get better by getting out of my way. Sarah S., The Beginners Group