Oct 6, 2026 (please email webmaster.aadistrict11@gmail.com if any errors/omissions). Visit aadistrict11.ca/meetings for more info.

London & Middlesex AA
District 11, Area 86

AA Hotline - 519-438-1122

Meeting Codes
12x12 = 12 Steps & 12 Traditions
B = Big Book
C = Closed (limited to those with a desire to stop drinking)
D = Discussion
GR = Grapevine
LGBTQ = LGBTQ
M = Men
O = Open (open to general public)
SP = Speaker
ST = Step Meeting
TR = Tradition Study
X, XB = Wheelchair Access / Bathroom
W = Women

EMAIL:
WEBMASTER.AADISTRICT11@GMAIL.COM WITH UPDATES
UPDATED AS OF OCTOBER 6, 2026

Sunday

11:00 am — **ON London**, 11:00 am, (BRK,D,O,X,XB) Liberty Breakfast. Senior's Community Centre. 525 Hamilton Rd. Breakfast is served from 9:30am to 10:30am.Cost: $3 includes two eggs, toast, coffee, fellowship. Add juice for $1.Discussion topic provided. Open speaker last Sunday of month. Closed holidays. Bus 3, 5 - stop 879 eastbound, stop 880 westbound. Across from Home Hardware.

ON London, 11:00 am, (O,SP,X,XB,ONL) Sunday Morning Speaker Meeting **NEW LOCATION**. St. Joseph's Hospital. 268 Grosvenor St. Please note that the location has changed. The meeting will now be at St. Joseph's Hospital in the auditorium.Please enter through the urgent care doors (off Grosvenor St.) and follow the bright green signs.Online/in-person hybrid. Zoom ID: 916 685 233. Password: 121961. Bus 6, 13, 15, 90, 106, 102 - stop 1476 northbound, stop 1477 northbound.Please enter through the urgent care doors (off Grosvenor St.) and follow the bright green signs.

7:00 pm — **ON London**, 7:00 pm, (D,O,A,ONL) Without a Prayer (secular). . London. Zoom ID: 897 5847 0475Password: 121212.

ON Strathroy, 7:00 pm, (12x12,B,D,O,X,XB) Extra Mile Meeting. Compass Community Church. 405 Drury Ln.

ON London, 7:00 pm, (B,D,O,X) The New Horizon Big Book Study Group. Good News Church. 476 Clarke Rd. Bring your own big book. Coffee/cookies served. Most closely serviced by the 17 and 2 line buses. Please use the side door to enter the church.

ON London, 7:00 pm, (B,D,O) Sunday Night Primary Purpose Big Book Study. St. John the Evangelist Anglican Church. 280 St James St. Bus 4, 17 - stop 1356 eastbound, stop 1357 westbound. Bus 6, 13, 15 - stop 1486 northbound, stop 1487 southbound.Church requires doors to be locked during the meeting — please arrive promptly.

8:00 pm — **ON London**, 8:00 pm, (12x12,C,D) Action Group 12 & 12. St. Martin's in the Fields Church. 489 Pinetree Dr. Bring your own 12&12. Bus 19 - stop 1834 eastbound, stop 1835 westbound. North door off Parking Lot - NOT the main door.

ON London, 8:00 pm, (12x12,C,D,X,XB) Old South 12 & 12. Wesley-Knox United Church. 91 Askin St. Formerly the Elmwood Group. Doors open at 7:30 and close at 8:05! Enter from the parking lot. Welcome! Please be on time.

Monday (cont)

8:30 am — **ON London**, 8:30 am, (11,D,O,ONL) Eleventh Step Group. Metropolitan United Church. 468 Wellington St. Come to parking lot entrance (up the stairs), ring bell if door is locked. Topic meeting/five minute silent meditation. Bus 1 - stop 535 westbound, stop 1936 northbound.

10:00 am — **ON London**, 10:00 am, (C,D) Sober for Today. St Stephen's Men's Recovery House. 36 Gower St. Open to all genders, even though in men's recovery house. Park on street - limited parking. Back door entrance. Buses 2, 17, 93.

ON London, 10:00 am, (C,D,GR,X) Early Bird Grapevine Group. St. Michael & All Angels Anglican Church. 397 Springbank Dr. Coffee and snacks are provided.Bus 5 - stop 1744 eastbound, stop 1745 westbound.

6:00 pm — **ON London**, 6:00 pm, (B,D,O,X,XB) The Solution Group. Chelsea Green Community Church. 123 Chesterfield Ave. We welcome registered, vested service dogs who are working. Unfortunately, no other pets can be accommodated. Bus 1. stop 1780 westbound, stop 1779 eastbound.

7:00 pm — **ON London**, 7:00 pm, (C,D,X,XB) Shelburne Group. Chalmers Presbyterian Church. 342 Pond Mills Rd. Bus 1 - stop 478 westbound, stop 1409 north bound. Bus 10 - stop 450 westbound, stop 477 eastbound. Bus 16 - stop 475, eastbound, stop 452 westbound.

ON London, 7:00 pm, (D,O,X,XB) Clear Air Group. St. George's Presbyterian Church. 1475 Dundas St. Bus 2 - stop 572 westbound, stop 573 eastbound. Enter through side door on west side of building.Smoking is prohibited on church property.

ON London, 7:00 pm, (12x12,C,D,LGBTQ) Nitty Gritty Group. St. John the Evangelist Anglican Church. 280 St James St. Meeting is held upstairs. Chair reads from 12 & 12 followed by discussion. Bring your own beverage. Bus 4, 17 - stop 1356 eastbound, stop 1357 westbound. Bus 6, 13, 15 - stop 1486 northbound, stop 1487 southbound.

ON London, 7:00 pm, (B,C,D,X,XB) Big Book Workshop Group **NO MEETING OCT. 26, 2026**. St. Lawrence Presbyterian Church. 910 Huron St. Please note: there will be no meeting October 26, 2026 as the church needs the space that evening.Bring your own big book.Bus 1 - stop 999 westbound.Bus 10, 27 - stop 176 southbound.Bus 27 - stop 2786 northbound.

7:30 pm — **ON London**, 7:30 pm, (C,D,M) Kilworth Men's Group **7PM STARTING NOV 2.**. Kilworth United Church. 2442 Oxford St W. Bring your own beverage.As of November 2, 2026 the meeting will start at 7pm.

ON London, 7:30 pm, (B,C,D) Big Book Study. St. Justin's Parish. 855 Jalna Blvd. Meeting is upstairs in small hall. Bring your own beverage. Bus 4 - stop 662 northbound, stop 663 southbound.

8:00 pm — **ON London**, 8:00 pm, (C,D,M) B. & P.M. Group (Men). New St. James Presbyterian Church. 280 Oxford St E. Enter off parking lot on Oxford. Buses 4 and 17. Bus stop 1357 westbound, 1356 eastbound.

ON London, 8:00 pm, (C,D,X,XB) Centennial Group. St. John the Divine. 390 Base Line Rd W. Bring your own beverage.

ON Thamesford, 8:00 pm, (C,D,X) Thamesford Fellowship Group. St. John's Anglican Church. 220 Dundas St. Bring your own beverage.

Tuesday

8:00 am — **ON London**, 8:00 am, (B,D,O,X,XB) Sunrise Group. Metropolitan United Church. 468 Wellington St. Bring your own beverage. Come to parking lot entrance (up the stairs), ring bell if door is locked. Masks. Bus 1 - stop 535 westbound, stop 1936 northbound.

10:00 am — **ON London**, 10:00 am, (12x12,C,D,X,XB) Trinity 12 & 12 Group. St. John the Divine. 390 Base Line Rd W.

5:30 pm — **ON London**, 5:30 pm, (C,D,X,XB) Happy Hour. Byron United Church. 420 Boler Rd. Bring own beverage. Enter through double doors from parking lot off of Baseline Rd. (southeast corner)Meeting is in the gym (due to Covid - better for social distancing).

6:30 pm — **ON London**, 6:30 pm, (B,O) Three Sides. Epic Recovery. 743 Wellington Rd. Please use Entrance 3 and ring the buzzer.

Tuesday (cont)

7:00 pm — **ON London**, 7:00 pm, (D,O,X,XB) Centre of Hope Meeting (Treatment Meeting). Salvation Army - Centre of Hope. 261 Wellington St. Participants will need to mask, and fill out a covid screening form. Buses 1, 3, 5, 13.

8:00 pm — **ON London**, 8:00 pm, (C,D) Hyde Park Group. St Aidan's Anglican Church. 1246 Oxford St W. Bus 17 - stop 1339 eastbound, stop 1340 westbound.

ON London, 8:00 pm, (C,D) Young, Sober, & Free Group. St George's Anglican Church. 227 Wharncliffe Rd N. Bus 17 - stop 1358 eastbound, stop 1359 westbound. Busses 2, 93 - stop 2046 northbound, 2047 southbound. bus 17 - stop 1358 eastbound, stop 1359 westbound. busses 2, 93 - stop 2046 northbound, 2047 southbound.

ON London, 8:00 pm, (D,O,X,XB) 210 Group. St. George's Presbyterian Church. 1475 Dundas St. Bus 2 - stop 572 westbound, stop 573 eastbound. Enter through side door on west side of building.Smoking is prohibited on church property.

ON London, 8:00 pm, (B,C,D,X,XB) Tuesday North Group. St. John the Evangelist Anglican Church. 280 St James St. Due to church policy, NO animal other than service animals are permitted in the church. Last Tuesdays of the month are birthday celebrations/open speaker meeting. Bus 4, 17 - stop 1356 eastbound, stop 1357 westbound. Bus 6, 13, 15 - stop 1486 northbound, stop 1487 southbound.

Wednesday

8:30 am — **ON London**, 8:30 am, (11,D,O,ONL) Eleventh Step Group. . London. Zoom room will be open as normal Dec. 25 and Jan. 1.Zoom ID 734 1023 9733Email eleventhstepseventh@gmail.com for password.

10:00 am — **ON London**, 10:00 am, (D,O,X,XB) Angel Group. St. John the Evangelist Anglican Church. 280 St James St. Bus 4, 17 - stop 1356 eastbound, stop 1357 westbound. Bus 6, 13, 15 - stop 1486 northbound, stop 1487 southbound.

6:00 pm — **ON London**, 6:00 pm, (12x12,O,X,XB) The Solution Group. Chelsea Green Community Church. 123 Chesterfield Ave. We welcome registered, vested service dogs who are working. Unfortunately, no other pets can be accommodated. Bus 1. stop 1780 westbound, stop 1779 eastbound.

ON St Thomas, 6:00 pm, (D,O,X,S) Grupo Fraternidad (Reuniones en Español). Salvation Army Church. 380 Elm St.

6:30 pm — **ON Mount Brydges**, 6:30 pm, (B,C,D,X) Mount Brydges Big Book Discussion Group. Cooks United Church. 7899 Parkhouse Dr. Masks. Bring your own beverage.

7:00 pm — **ON Glencoe**, 7:00 pm, (B,C,D) Glencoe Courage Group. Anglican Church St. John's. 186 Main St. Bring your own beverage.

ON London, 7:00 pm, (C,D,X,XB) Beginner's Group. Colborne Street United Church. 711 Colborne St. Coffee and cookies. Topics always include the first three steps and whatever other topics attendees choose. Enter building through doors from parking lot entrance off Colborne Street (southeast corner). Meeting is in gym just up the stairs. If you require the lift, it is right beside the stairs to enter the meeting. Group members will be there to assist.

ON London, 7:00 pm, (D,O,X,XB) Metropolitan Group. St. George's Presbyterian Church. 1475 Dundas St. Open speaker meeting last Wed of month.Bus 2 - stop 572 westbound, stop 573 eastbound. Enter through side door on west side of building.Smoking is prohibited on church property.

ON London, 7:00 pm, (C,D,X,XB) St. Jude's Group. St. Jude's Church. 1557 Adelaide St N. Use lower door off main parking lot. Coffee, tea and cookies are provided. Wheelchair access doorway on east side of building.Bus 16 - stop 32 southbound, stop 684 westbound. Bus 25 - stop 684 westbound, stop 682 eastbound.

7:30 pm — **ON London**, 7:30 pm, (B,D,O,X,XB) Spirit Of The Book Group. St. Paul's Cathedral. 472 Richmond St.

8:00 pm — **ON London**, 8:00 pm, (12x12,C,D,X,XB) Byron 12 & 12. Byron United Church. 420 Boler Rd. Meeting in gym. Bring own beverage. Enter through double doors from parking lot off of Baseline Rd. (southeast corner)Meeting is in the gym (due to Covid - better for social distancing).

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Wednesday (cont)

8:00 pm **ON Strathroy**, 8:00 pm, (12x12,C,D,X) Strathroy Friendly Group. Strathroy United Church. 131 Front St W. Open Meeting on the last Wednesday of the month with open discussion or speaker on birthday celebrations.

8:30 pm **ON London**, 8:30 pm, (O,SP,X,XB) Calvary United Group. Calvary United Church. 290 Ridout St S. Doors open at 8:10 pm. Parking behind church & side street. Use Garfield St. entrance. Bus 4 - stop 1540 northbound, 1541 southbound.

Thursday

10:00 am **ON Glencoe**, 10:00 am, (12x12,C,D) Glencoe 12 & 12 Study Group. Anglican Church St. John's. 186 Main St. Bring own beverage.

ON London, 10:00 am, (O,X) One Day at a Time. Our Cronyn-Warner. 442 William St. Meeting is located on the lower level of Our Cronyn-Warner. Entrance to the facility is between the Warner Apartment Building and the old Bishop Cronyn Memorial Church. Meeting will be held in the dining hall at 696 Dundas St.Parking is available for free in the rear which can be accessed through English St.A staff member will be present to allow attendees access into the building.

1:00 pm **ON London**, 1:00 pm, (12x12,C,D,X,W) True Colours (Women Only). St Patrick's Catholic Church. 1251 Dundas St. Entrance off Oakland. In the rectory. Unit 201.

5:30 pm **ON London**, 5:30 pm, (C,D,X,XB) Happy Hour. Byron United Church. 420 Boler Rd. Meeting in gym. Bring own beverage. Enter through double doors from parking lot off of Baseline Rd. (southeast corner)Meeting is in the gym (due to Covid - better for social distancing).

7:00 pm **ON London**, 7:00 pm, (C,D,S) Nuevo Comienzo *Reunion en Espanol*. Colborne Street United Church. 711 Colborne St. Entre al edificio a través de las puertas de la entrada del estacionamiento por Colborne Street (esquina sureste). La reunión esta en el basamento. Miembros del grupo estarán para ayudar.Enter building through doors from parking lot entrance off Colborne Street (southeast corner). Meeting is in basement. Group members will be there to assist.

ON Lucan, 7:00 pm, (C,D,X,XB) Shillelagh Group. Community Bible Church. 24294 Adelaide St N. Corner of Hwy 7 & Adelaide St.

8:00 pm **ON London**, 8:00 pm, (12x12,C,D,M,X,XB) Pond Mills Men's Group. Chalmers Presbyterian Church. 342 Pond Mills Rd. Kitchen closed until further notice. Bus 1 - stop 478 westbound, stop 1409 north bound. Bus 10 - stop 450 westbound, stop 477 eastbound. Bus 16 - stop 475, eastbound, stop 452 westbound.

ON London, 8:00 pm, (B,C,D,X,XB) Big Book Journey Group. Parish of Holy Trinity St. Stephens Memorial. 727 Southdale Rd E. This meeting has moved to Parish of Holy Trinity St. Stephens Memorial Church. Entrance at the back of the church. Go up the ramp to the doors to enter.If you are feeling unwell please do not attend, instead access ZOOM meetings.ABSOLUTELY NO SMOKING on church property or dumping of cigarette butts. CHURCH will not tolerate the above rules being broken as it will lead to the demise of the meeting.

ON London, 8:00 pm, (C,D,M,X,XB) Riverside Men's Group. Riverside United Church. 451 Dunedin Dr. Elevators on site. Bus 19 - stop 1847 eastbound, stop 1848 westbound.

ON London, 8:00 pm, (C,D,X,XB) Triangle Group. St. Francis - St. Martins Catholic Church. 46 Cathcart St. Bus 15 - stop 336 northbound, stop 641 westbound.

ON Arva, 8:00 pm, (C,D,X) Arva Group. St. John the Divine Anglican Church. 21557 Richmond St. Please stay home if you are unwell.

Friday

8:30 am **ON London**, 8:30 am, (11,D,O,ONL) Eleventh Step Group. . London. Zoom ID 734 1023 9733Email eleventhstepseventh@gmail.com for password.

Friday (cont)

10:00 am **ON London**, 10:00 am, (D,O) Friday Morning Meeting. St George's Anglican Church. 227 Wharncliffe Rd N. Masks. Bring your own beverage. bus 17 - stop 1358 eastbound, stop 1359 westbound. busses 2, 93 - stop 2046 northbound, 2047 southbound.

11:00 am **ON London**, 11:00 am, (D,O) True North. St. Andrew's Memorial Church. 55 Foxbar Rd. Bring your own beverage. (OCT 9, 2026) Wellington Rd. access to Foxbar Rd. may be closed. If so, you can access Foxbar Rd. via High St. (one block west of Wellington Rd.).

5:00 pm **ON London**, 5:00 pm, (B,C,W) Sisters In Sobriety **WOMEN'S MEETING**. St. Andrew's Memorial Church. 55 Foxbar Rd. Bring your own beverage.Two sets of stairs, no elevator on-site.Please bring your own big book if you have one, limited books available to use during the meeting if needed. (OCT 9, 2026) Wellington Rd. access to Foxbar Rd. may be closed. If so, you can access Foxbar Rd. via High St. (one block west of Wellington Rd.).

6:00 pm **ON London**, 6:00 pm, (D,O,X,XB) Thunderbird Group **NEW START TIME AND LOCATION**. Edgar and Joe's Café. 255 Horton St E. Please note that the time and location has changed. The meeting will now be at 6pm, held at Edgar and Joe's Café (255 Horton St E, London, ON N6B 1L1).Please enter through the Goodwill store. A greeter will be there to direct you. Please enter through the Goodwill store. A greeter will be there to direct you.Bus 1, 3, 5 - stop 978 eastbound, stop 1947 northbound.Bus 13, 90 - stop 1947 northbound, stop 1948 southbound.Bus 4, 15, 104 - stop 1478 northbound.Bus 6 - stop 1479 southbound, stop 1480 northbound.

7:00 pm **ON Mount Brydges**, 7:00 pm, (C,D,X) Mt. Brydges Serenity Seekers. Mt. Brydges United Church. 22522 Adelaide Rd. Bring your own beverage.

ON London, 7:00 pm, (12x12,C) The Empire Group **FIRST MEETING OCT. 9th**. St. Andrew's Memorial Church. 55 Foxbar Rd. (OCT 9, 2026) Wellington Rd. access to Foxbar Rd. may be closed. If so, you can access Foxbar Rd. via High St. (one block west of Wellington Rd.).

7:30 pm **ON London**, 7:30 pm, (D,O,X) Just For Today. East Lions Community Centre. 1731 Churchill Ave. The meeting is held in Multi Purpose Meeting Room #1 (the large room). Coffee and snacks provided. Fellowship before and after. If you are feeling unwell, please refrain from attending.Bus 7 - stops at front door. Buses 3 & 5 stop several blocks east. Bus 2A several blocks east and west. Use door off parking lot.

ON London, 7:30 pm, (B,C,D,X,XB) Opportunity Big Book Group. Richards Memorial United Church. 360 Edgeworth Ave. Doors will be locked promptly at 7:30pm. Please ring the doorbell to the right of the door and someone will let you in.If you are feeling unwell, please refrain from attending. Buses 2, 3, 5, 7, 17.

8:00 pm **ON London**, 8:00 pm, (C,D) Young, Sober, & Free Group. St George's Anglican Church. 227 Wharncliffe Rd N. Bus 17 - stop 1358 eastbound, stop 1359 westbound. Busses 2, 93 - stop 2046 northbound, 2047 southbound. bus 17 - stop 1358 eastbound, stop 1359 westbound. busses 2, 93 - stop 2046 northbound, 2047 southbound.

Saturday

10:00 am **ON London**, 10:00 am, (B,D,O,X,XB) The Solution Group. Chelsea Green Community Church. 123 Chesterfield Ave. We welcome registered, vested service dogs who are working. Unfortunately, no other pets can be accommodated. Bus 1. stop 1780 westbound, stop 1779 eastbound.

ON Ilderton, 10:00 am, (D,O,X,XB) New Hope Group. Ilderton-Birr United Church. 121 Mill St. Bring your own food/beverage.

ON London, 10:00 am, (D,O,X,XB) Saturday AA Recovery Meeting (Treatment Meeting). Parkwood Hospital - Mental Health Care Building. 550 Wellington Rd. Coffee and cookies provided. Parking is $6.75 flat rate and only coins/credit cards are accepted in the machines. Debit/Visa Debit are not accepted in the parking meters. Up to 25 attendees permitted. F4-201-202.

11:00 am **ON London**, 11:00 am, (C,D,W,ONL) Women's Meeting. . London. Meeting ID: 218 127 606Password: 121961.

Saturday (cont)

11:30 am **ON London**, 11:30 am, (D,O,X,XB) Centre of Hope Meeting (Treatment Meeting). Salvation Army - Centre of Hope. 261 Wellington St. Participants will need to mask, and fill out a covid screening form. Buses 1, 3, 5, 13.

Noon **ON London**, Noon, (C,D,S) Nuevo Comienzo *Reunion en Espanol*. Colborne Street United Church. 711 Colborne St. Entre al edificio a través de las puertas de la entrada del estacionamiento por Colborne Street (esquina sureste). La reunión esta en el basamento. Miembros del grupo estarán para ayudar.Enter building through doors from parking lot entrance off Colborne Street (southeast corner). Meeting is in basement. Group members will be there to assist.

2:00 pm **ON London**, 2:00 pm, (C,D,X,XB) The Easier, Softer Way Group. St. George's Presbyterian Church. 1475 Dundas St. Bus 2 - stop 572 westbound, stop 573 eastbound. Enter through side door on west side of building.Smoking is prohibited on church property.

8:00 pm **ON London**, 8:00 pm, (O,SP) Foxbar Group. St. Andrew's Memorial Church. 55 Foxbar Rd. Bring your own beverage. Bus 1, 13 - stop 1922 northbound, stop 1974 southbound. (OCT 9, 2026) Wellington Rd. access to Foxbar Rd. may be closed. If so, you can access Foxbar Rd. via High St. (one block west of Wellington Rd.).

LONDON & MIDDLESEX
AA MEETING LIST

October 6, 2026

A.A. PREAMBLE©

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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