Birthdays!

Name	Sobriety Date	Yrs	Celebration
Angel Group			
William S.	Nov 1, 2010	16	
Scott F.	Nov 12, 2024	2	
Beginner's Group			
David E.	Nov 3, 2024	2	
Sarah S.	Nov 4, 2014	12	
Jeff B.	Nov 15, 2025	1	
Max R.	Nov 28, 2020	6	
Big Book Journey Group			
Sandra S.	Nov 15, 1992	34	
Branka S.	Nov 23, 2006	20	
Big Book Workshop Group			
Dustin W.	Oct 29, 2025	1	Nov 30, 7pm
Sheila B.	Nov 1, 2023	3	Nov 30, 7pm
Phil C.	Nov 10, 2023	3	Nov 30, 7pm
Rene E.	Nov 16, 1984	42	Nov 30, 7pm
Centennial Group			
Dave P.	Nov 11, 2007	19	
Martine C.	Nov 25, 2024	2	
Rita C.	Nov 29, 1992	34	
Liberty Breakfast			
Trent W.	Nov 11, 2024	2	
Wayne L.	Nov 15, 1981	45	
Corrine K.	Nov 30, 2019	7	
Old South 12 & 12			
Shirley B.	Nov 1, 2010	16	
Dauma S.	Nov 9, 2024	2	
Kaegan F.	Nov 11, 2023	3	
Riverside Men's Group			
Wayne D.	Oct 31, 1996	30	Nov 26, 8pm
Dean T.	Nov 13, 2006	20	Nov 26, 8pm
Strathroy Friendly Group			
Bill G.	Nov 20, 1974	52	Nov 25, 8pm
The Solution Group			
Sylvain S.	Nov 9, 2014	12	
Trinity 12 & 12			
Joanne W.	Nov 4, 1983	43	
Russ M.	Nov 9, 2003	23	
Michael P.	Nov 20, 1994	32	
True North			
Danyelle M.	Nov 25, 2025	1	Nov 27, 11am

Do you think you may have a problem with alcohol?

Please call our 24hr Helpline at
(519) 438-1122
or Toll-free at **1 (888) 661-7764**
or email us at **londonmdxtas@gmail.com**.

Emails and phone calls are kept confidential.

AA District 11 London-Middlesex Newsletter

November 2026

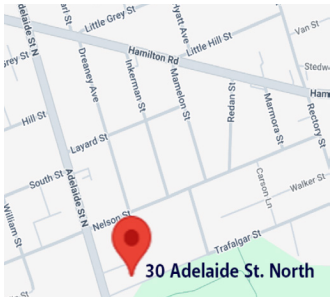
Next District 11 Hybrid Meeting
Tuesday, November 11, 6:30 PM
501 Nelson Street, Unity Church
Zoom ID: 890 3108 9359 Password: 049374

Central Office
2A5-30 Adelaide Street North
London, ON N6B 3N5
519-438-9006 | aadistrict11.ca
centralofficemgr.aadistrict11@gmail.com

November Hours
Mon & Wed: 12pm – 3:30pm
Sat, Nov 7: 12pm – 3:30pm
Sat, Nov 21: 12pm – 3:30pm

For Main Door Entry After Hours please call the Office at 519-438-9006

Where to find our Central Office



2A5-30 Adelaide Street North

First floor, back left

Announcements

210 Group Celebration

The 210 Group will be celebrating the group's 70th anniversary November 24th at 8pm. All are welcome!

Alkathon Volunteers Needed

The Alkathon is seeking volunteers to facilitate virtual meetings throughout the event. If you are interested in helping out, please email: alkathon.aadistrict11@gmail.com

Alkathon meeting time slot registration open

If your group would like host a meeting at this year's Alkathon, please email: alkathon.aadistrict11@gmail.com to sign up! You can view which slots are taken in this newsletter's flyer section.

Meeting Changes/Updates

- The Thunderbird Group is now meeting Fridays at 6pm at Edgar & Joe's Cafe (255 Horton St E)
- The Sunday Morning Speaker Meeting will now be held in the St. Joseph's Hospital auditorium (268 Grosvenor St)
- Just For Today will not be having a meeting on November 20th.

Upcoming Events

London Middlesex 2026 Roundup

Date: Nov 14 @ 8:45am

Location: Marconi Club of London, 120 Clarke Rd., London, ON

Central West 2 District 3 Roundup

Date: Nov 21, 10am - 4pm

Location: Trinity United Church, 400 Stevenson St N, Guelph, ON

2026 Alkathon

Date: Dec 24 @ 3pm - Dec 25 @ 3pm

Location: Marconi Club of London, 120 Clarke Rd., London, ON

Please see the attached flyers for more information about these events!

Service Volunteer Opportunities

Alkathon - contact Amanda B. for more info: alkathon.aadistrict11@gmail.com

Corrections - contact Lynn B. for more info: corrections.aadistrict11@gmail.com

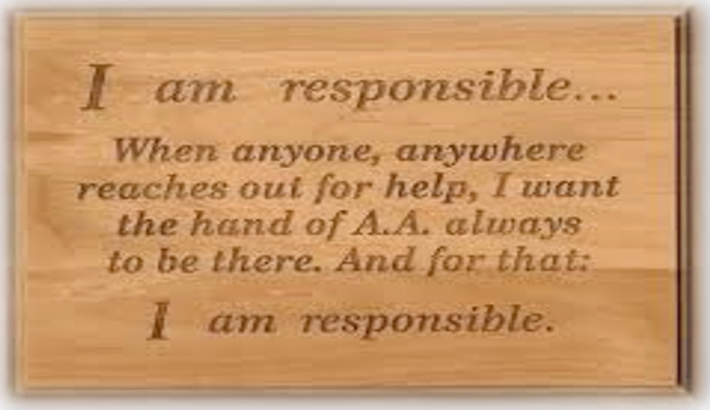
Treatment and Accessibilities & Remote Communities - contact Martin O. for more info: treatment.aadistrict11@gmail.com

Public Information / Cooperation with the Professional Community - contact Fred K. for more info: picpc.aadistrict11@gmail.com

Bridging the Gap - contact Gerry M. for more info: londonmdxtas@gmail.com

District 11 Archives Spotlight Of The Month

Our Responsibility Statement was written by Al S., a former AA General Service Board trustee and former Grapevine editor for the 1965 International Convention in Toronto.



11,000 Attended AA's 30th Birthday in Toronto.

Pictures of many AA Conventions including this one can be viewed at our Central Office. 30 Adelaide St. Unit 2A5

AA District 11 London-Middlesex

General Service Representatives (GSRs)

General Service Representatives form the collective group conscience for all votes

District Officers

District Committee Member (DCM)
Gudrun M. — Early Bird Grapevine Group

Alternate DCM
Teresa V. — True North Group

District Secretary/Registrar
Tammy B. — The Solution Group

District Treasurer
Linda M. — Early Bird Grapevine Group

Central Office Treasurer
Mary C. — Early Bird Grapevine Group

Subcommittee Chairpersons

Alkathon
Amanda B. — The Solution Group

Archives
Margaret K. — Big Book Workshop Group

Bridging the Gap & Telephone Answering Service
Gerry M. — Beginner's Group

Central Office Manager
Jeff R. — Pond Mills Men's Group

Corrections
Lynn B. — The Solution Group

Grapevine
Lexi H. — Tuesday North Group

London Middlesex Roundup
Jen C. — Big Book Study Group

Newsletter & Website
Charlie C. — Beginner's Group

Public Information/Cooperation with the Professional Community
Fred K. — Clear Air Group

Treatment and Accessibilities & Remote Communities
Martin O. — B. & P.M. Group

Three Levels of Service

District 11

Payable to *London Middlesex General Service*
treasurer.aadistrict11@gmail.com
aadistrict11.ca

Area 86

Payable to *Western Ontario General Service*
treasurer@Area86aa.org
area86aa.org
area86aa.org/a-a-contributions

General Service Office

Payable to *General Service Board*
Post Office Box 459
Grand Central Station, New York, NY 10163
contribution.aa.org

When making a contribution, please include a return address and group name for receipts.

Meeting List
aadistrict11.ca/meetings

Meeting Guide App
aa.org/meeting-guide-app

Keep the Meeting List Updated
Send an email to webmaster.aadistrict11@gmail.com

Is there anything you'd like to see in future newsletters? Please feel free to send ideas, general suggestions, and/or feedback to:

webmaster.aadistrict11@gmail.com

London Middlesex ROUNDUP 2026

Strength in Fellowship

Saturday, November 14, 2026

Marconi Club, 120 Clarke Road, London, ON

Tickets: $45 each

Continental Breakfast & Lunch

Registration opens at 8:00am. Opening Remarks at 9:00am

9:30am - 10:30am	11:00am - 12:00pm	1:30pm - 2:30pm	3:00pm - 4:00pm
AA Panel *You are not alone*	AA Couple	Gudrun M London	Jeff S Hamilton

Buy Tickets from any committee member or online at Eventbrite: ***2026lmr.eventbrite.ca***

Look for members selling tickets from (but not limited to):

The Solution Group, Centennial, Angel Group

Tickets also available at the Central Office

You can also buy a ticket by sending an e-Transfer to *londonroundup@gmail.com* (make sure to include your name!)

Strength in Fellowship

UNITY SERVICE AA RECOVERY

For more information:
londonroundup@gmail.com

UNITY SERVICE AA RECOVERY

*"We could do together what we could not do **separately.**"*

— Twelve & Twelve pg 153

Central West 2 District 3 Round-Up

November 21, 2026

10am - 4pm

(Doors/Registration opens at 9am)

Trinity United Church
400 Stevenson St N
Guelph

Tickets: $25

Light Snacks and Lunch

AA and Al-Anon Speakers

Dave P *Toronto*
Dylan R *Fergus*
Julie H *London*

Al-Anon Panel
Wendy B *Listowel*
Jackie P *Guelph*

RECOVERY • HOPE • UNITY • SERVICE

Join Us For

Alkathon 2026

24 hours of food, fellowship, meetings, and holiday cheer.

NEW LOCATION !

The Marconi Club of London

120 Clarke Rd, London, ON N5W 5E1

DEC 24TH @ 3PM
-
DEC 25TH @ 3PM

Holiday Dinner - December 24th 5pm-8pm

~ Open Seating ~

overnight snacks on the 24th

→ NO TICKETS NEEDED ←

continental breakfast on the 25th

Dessert donations are welcomed!

Scan to email

alkathon.aadistrict11@gmail.com

Email to sign your group up to host a meeting.

First meeting = Dec 24th @ 3pm
Last meeting = Dec 25th @ 2pm

Al-Anon Participation

AL-ANON
for families & friends of alcoholics

Many meetings will also be virtual

Zoom ID: **871 7273 8580**

Password: **282047**

UNITY SERVICE AA RECOVERY ®

Fully accessible venue!

Alkathon 2026 Meetings

3:00pm-3:55pm: The Angel Group
4:00pm-4:55pm: Mon Night Big Book Study
5:00pm-5:55pm: Trinity
6:00pm-6:55pm: Thunderbird
7:00pm-7:55pm: Al-Anon Family Groups
8:00pm-8:55pm: Opportunity Big Book
9:00pm-9:55pm: Centennial
10:00pm-10:55pm: Sunday Morning Speaker
11:00pm-11:55pm:
12:00am-12:55am:
1:00am-1:55am:
2:00am-2:55am:
3:00am-3:55am:
4:00am-4:55am:
5:00am-5:55am:
6:00am-6:55am:
7:00am-7:55am:
8:00am-8:55am: Riverside Men's Group
9:00am-9:55am: The Solution Group
10:00am-10:55am: The 11th Step Group
11:00am-11:55am: The Beginner Group
12:00pm-12:55pm:
1:00pm-1:55pm: Young Sober & Free
2:00pm-2:55pm:

To sign your group up for a time slot please email: ***alkathon.aadistrict11@gmail.com***